



# Techniques spécifiques au traitement de la fibrillation auriculaire

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CHU de BORDEAUX

EUROPHARMAT 2007  
Nantes, le 17 octobre 2007







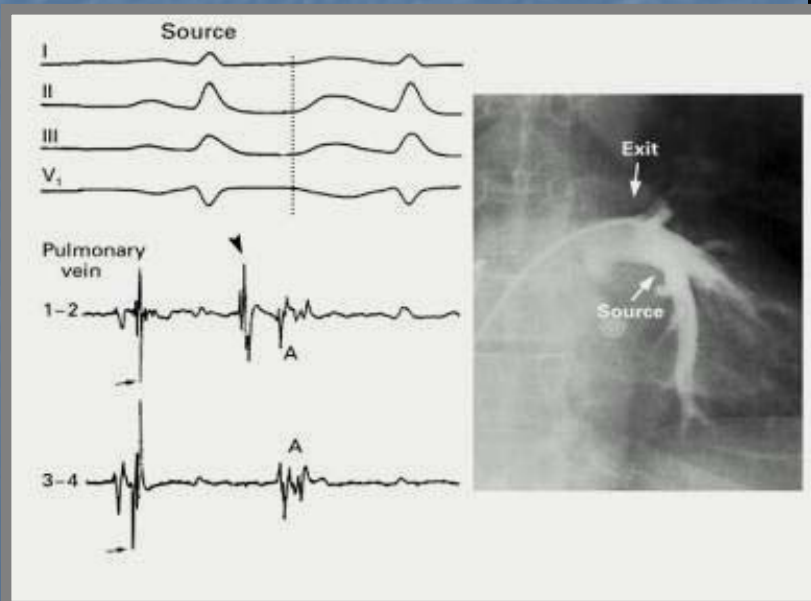
1  $\mu$ Sievert for 40 min Fluoro



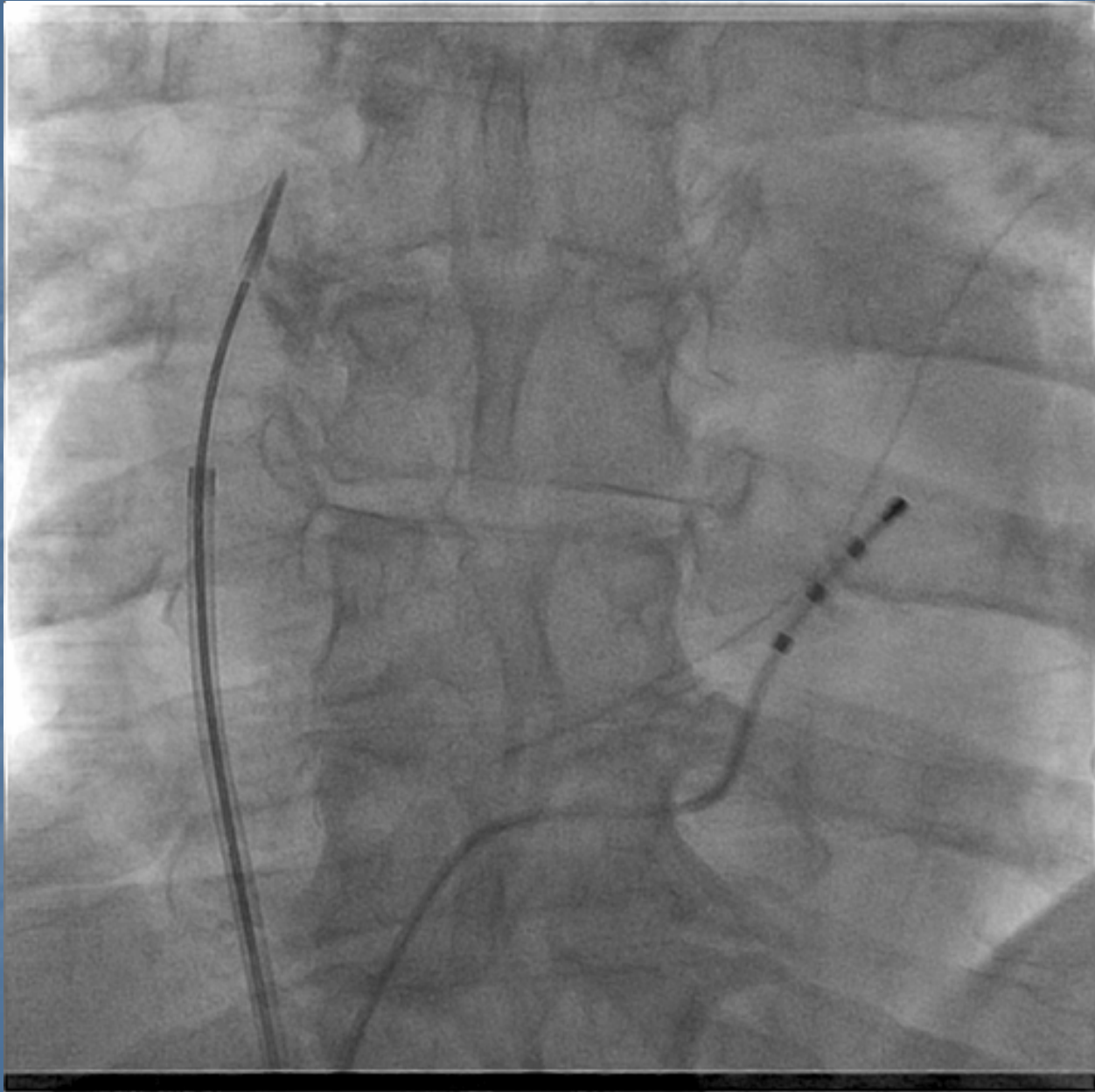
No lead apron or thyroid shield

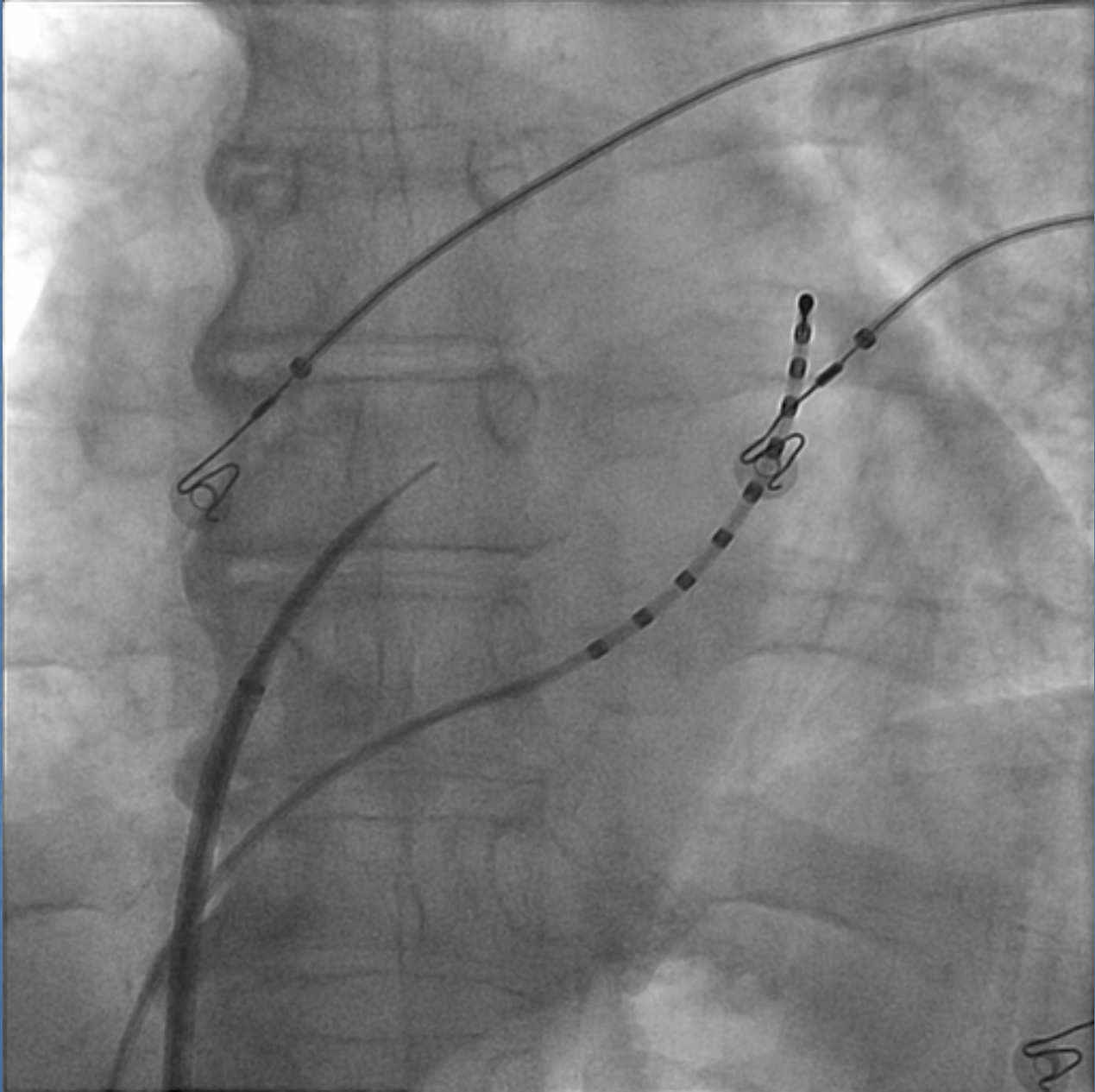
# *Paroxysmal AF initiation*

- Haissaguerre, et al, *N Eng J Med* 339:659 (1998)
- 45 patients with frequent episodes of AF
- Resistant to at least 2 antiarrhythmic drugs



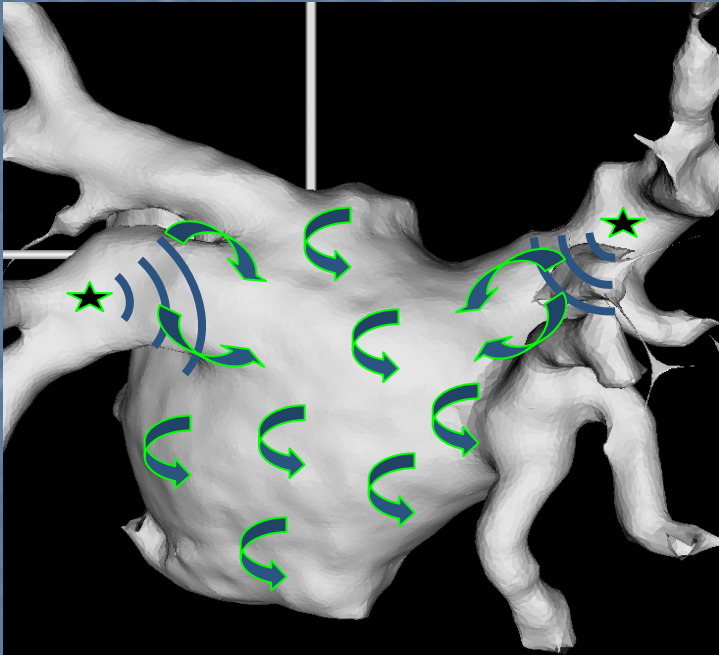






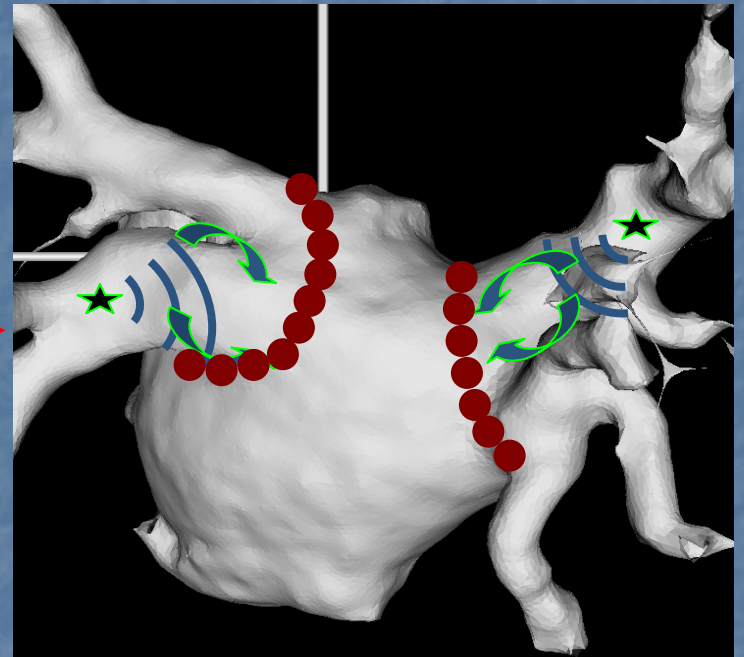
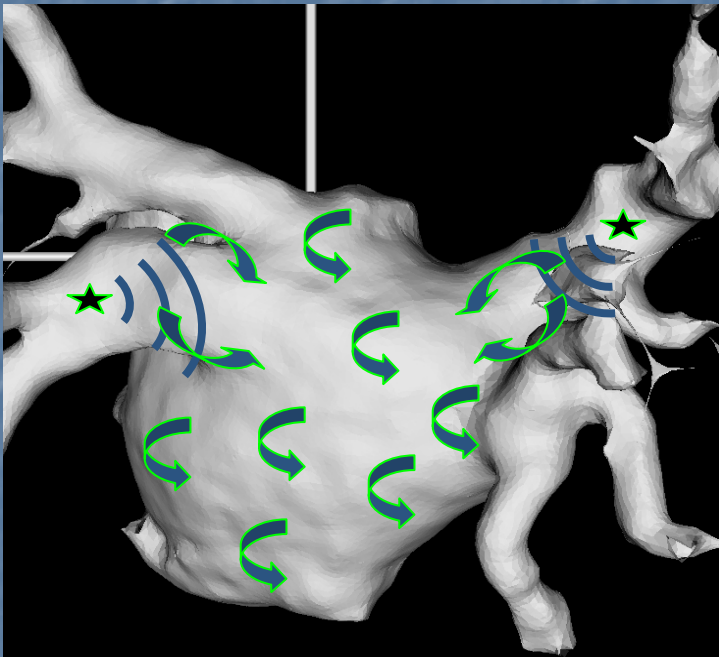


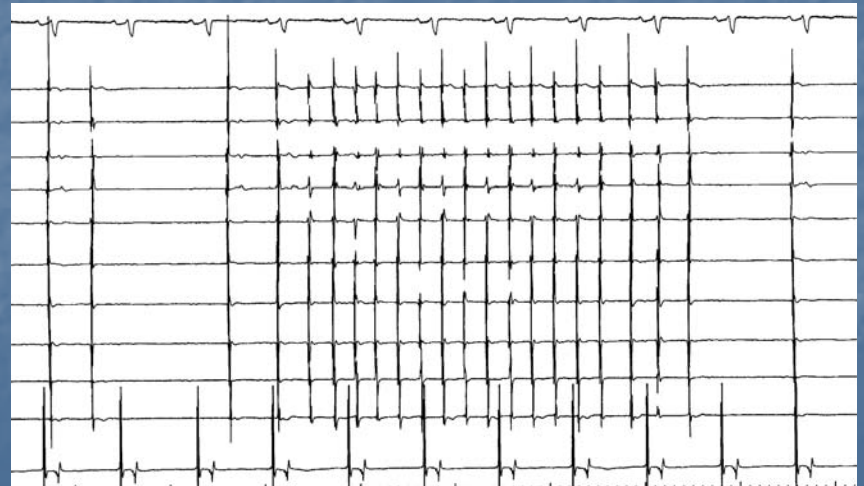
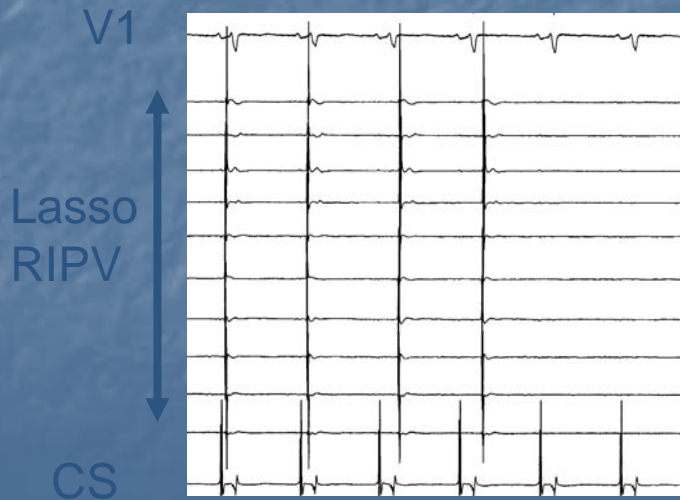
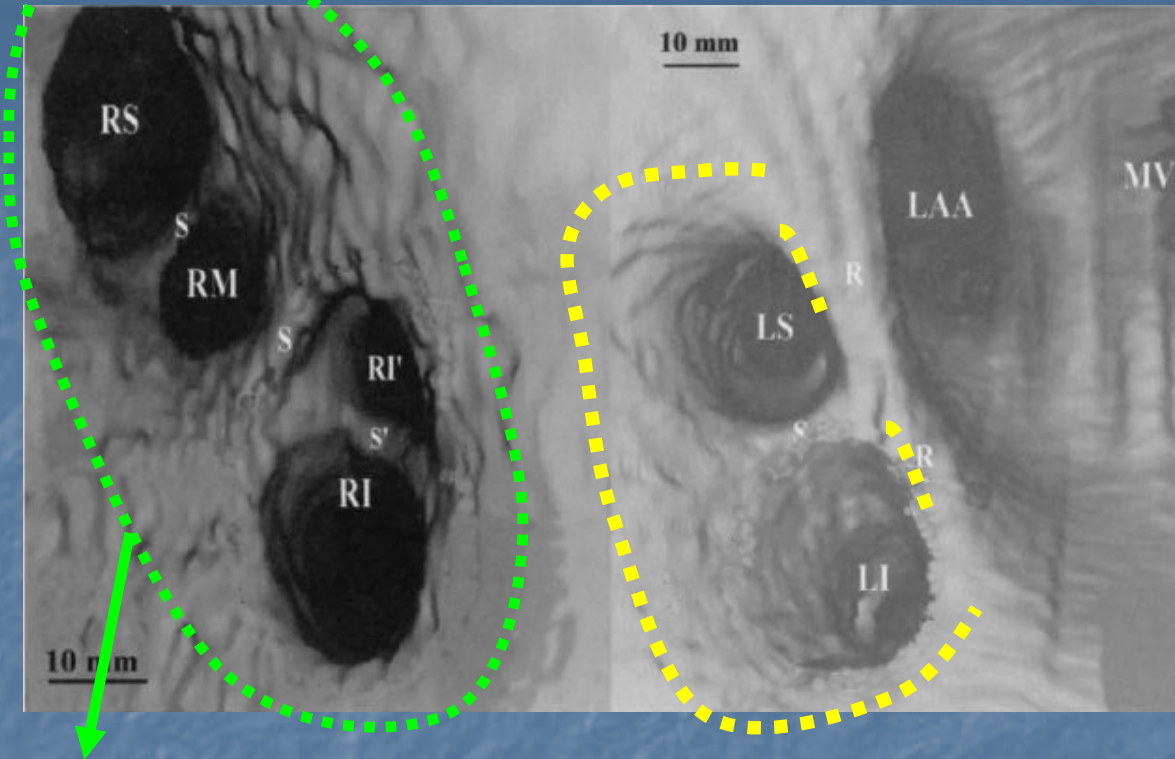
# *Paroxysmal AF*



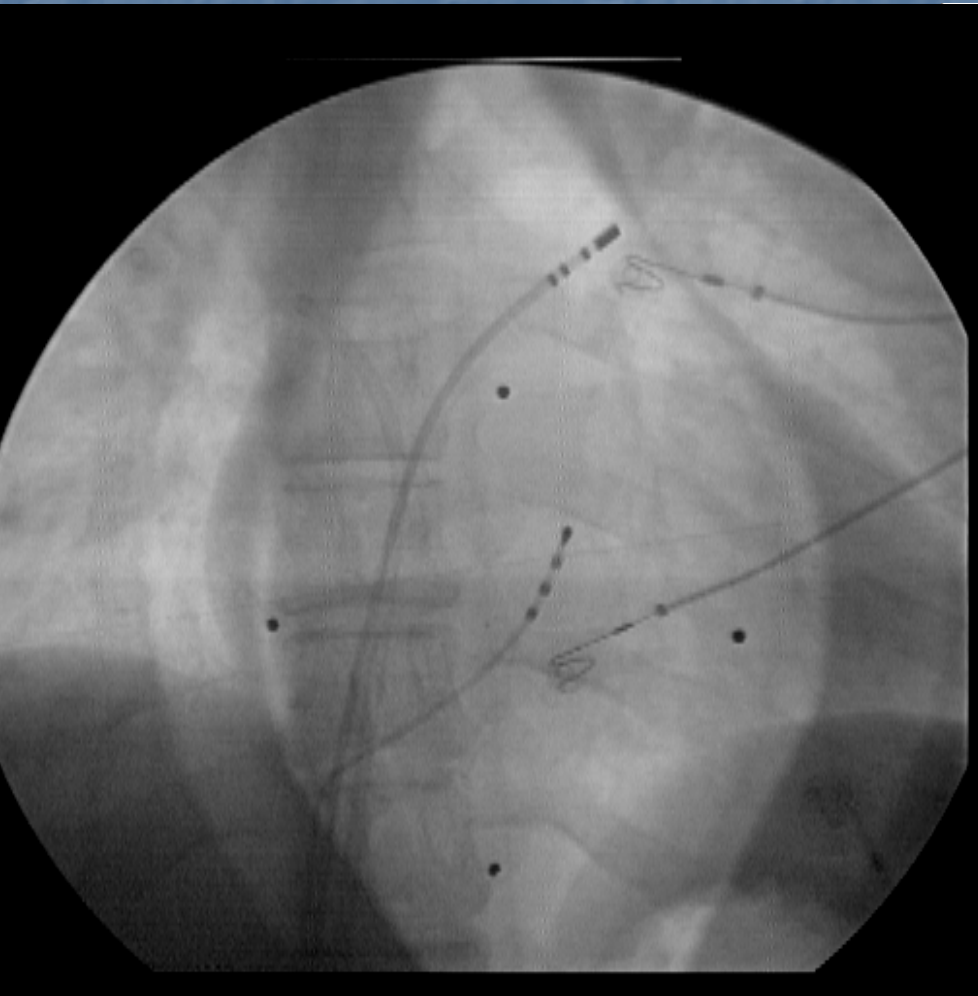


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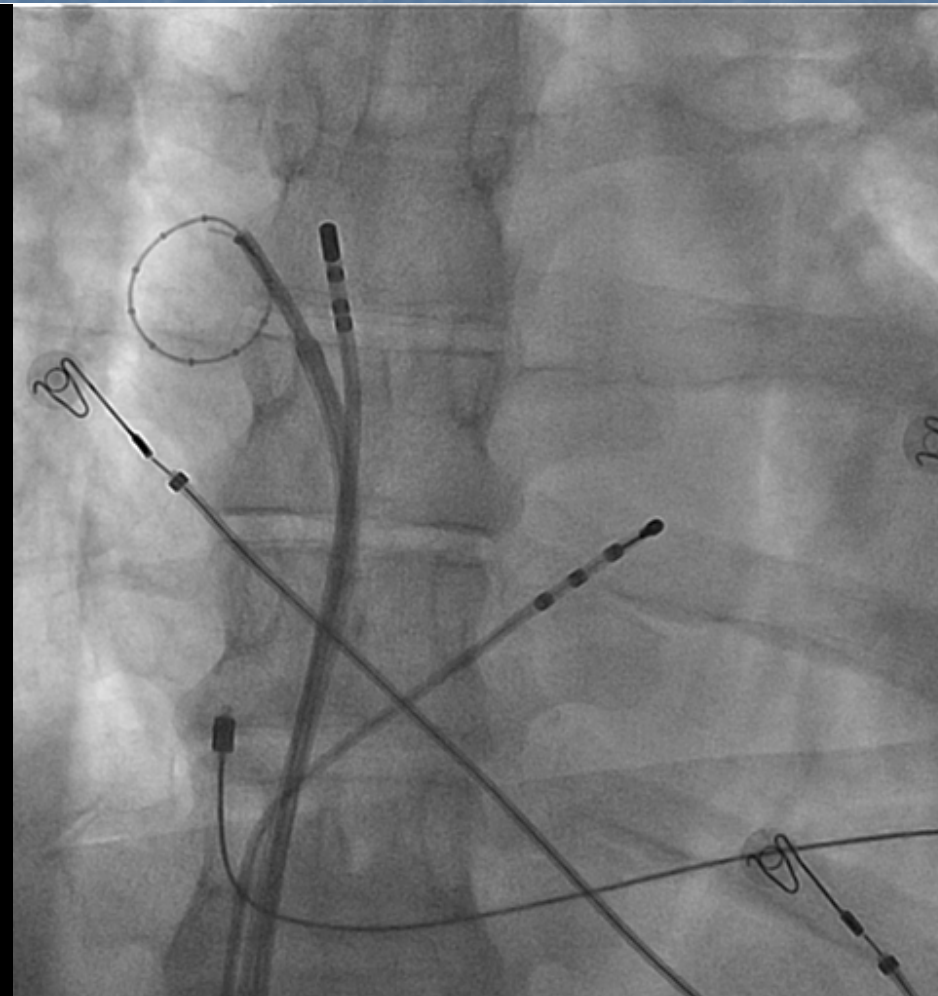




# RPV Angio and Isolation

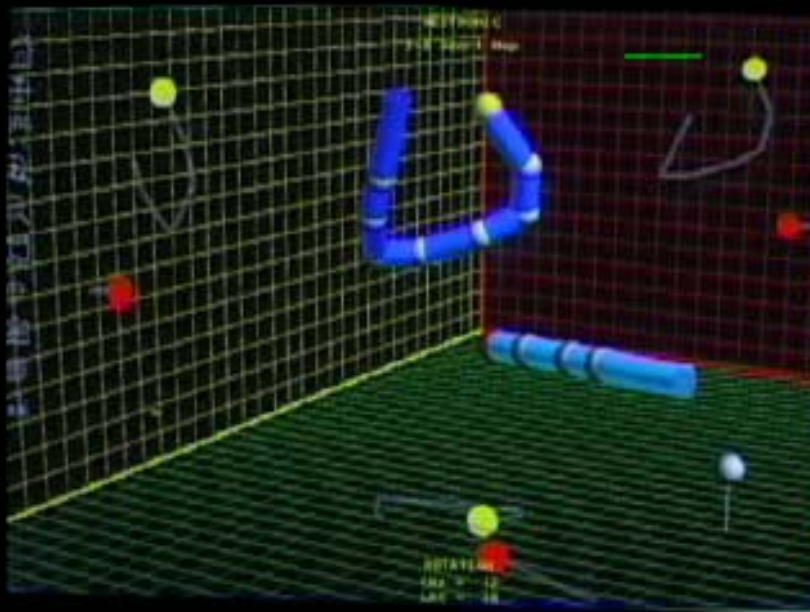


AP view



AP view





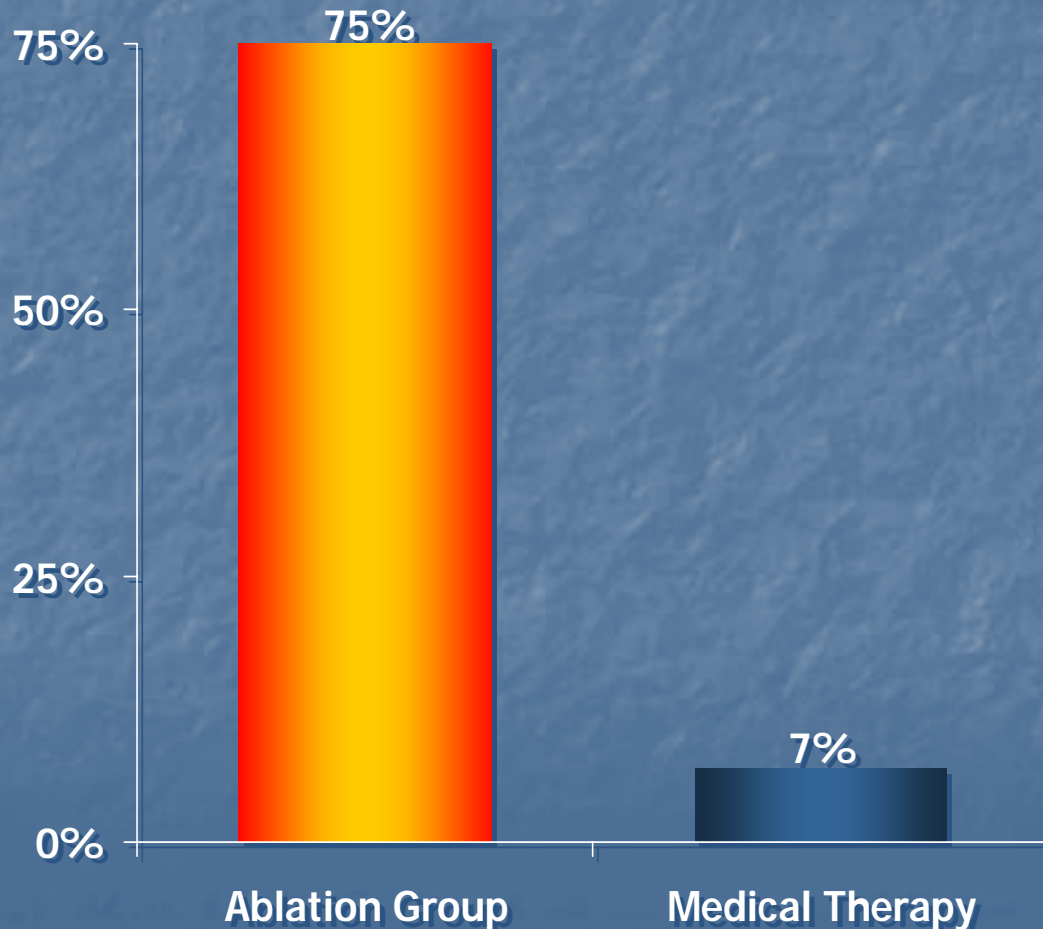
# Atrial Fibrillation Ablation vs Antiarrhythmic Drugs Trial (A-4 Trial )

- **Multicenter, Unblinded, Randomized Trial**
  - Presented at the 2006 HRS Sessions: Pierre Jais
  - A comparison of catheter ablation with AADs in AF patients who failed at least one AAD
- **Primary Endpoint: Absence of AF (> 3 min)**
- **Enrolled patients:**
  - 112 pts with symptomatic Paroxysmal AF > 6 months
  - Resistant to  $\geq 1$  AADs (Class I or III)
  - At least 2 episodes of AF per month
- **Protocol:**
  - Randomization: Ablation (53 pts) or AADs (59 pts)
  - Crossover from AADs to Ablation at 3 months

# A-4 Trial: Outcome

Patients Free of AF at 1 Year

$p < 0.05$



- **Anticoagulation therapy was interrupted in:**

- Ablation group → 60%
- AAD group → 25%

- **Quality of life:**

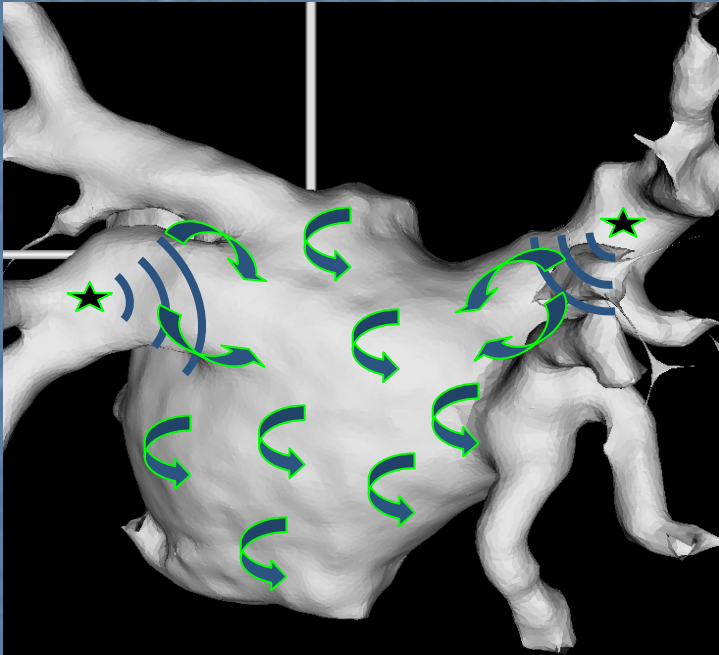
- 6 of 8 parameters improved in the ablation group

- **Complications:**

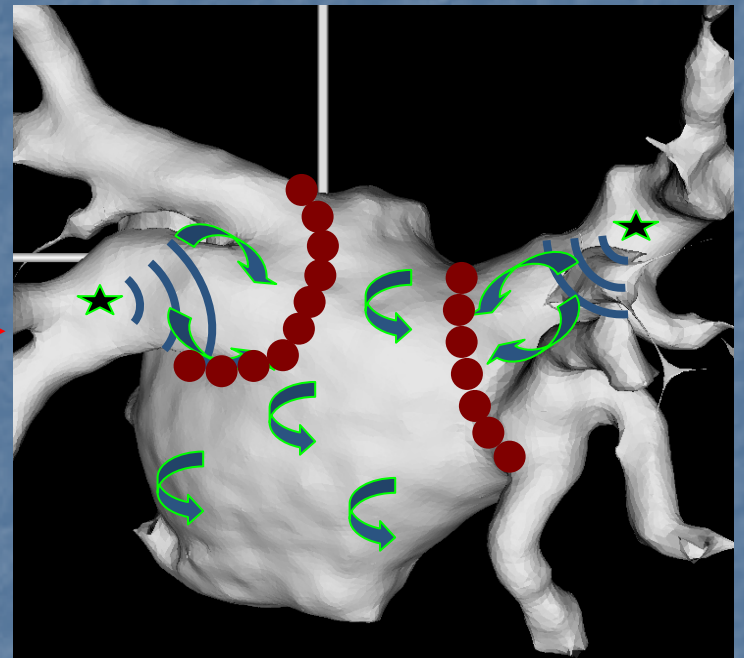
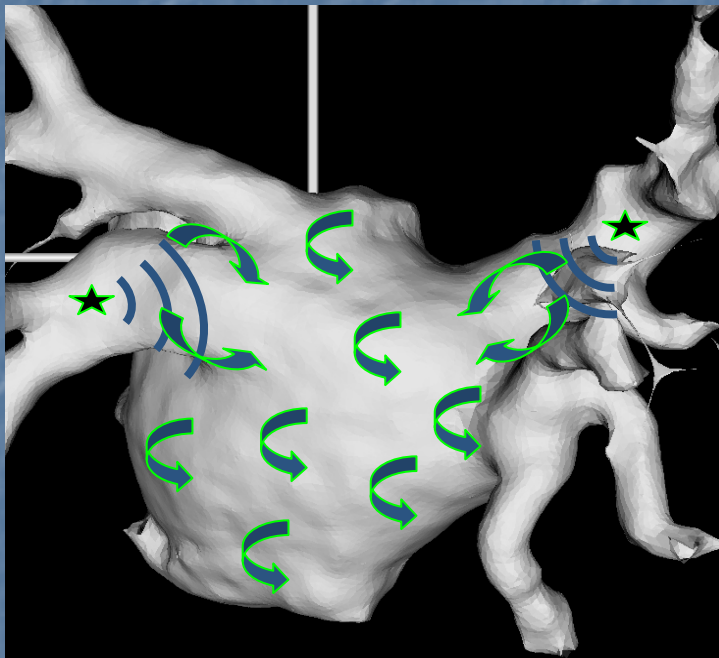
- Ablations in 90 pts
- 155 procedures  
→ 2 cases of tamponade



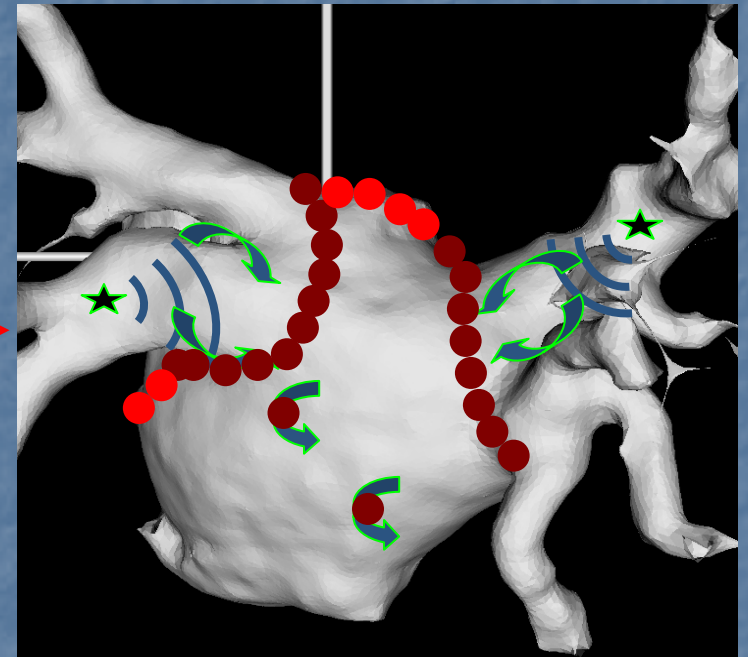
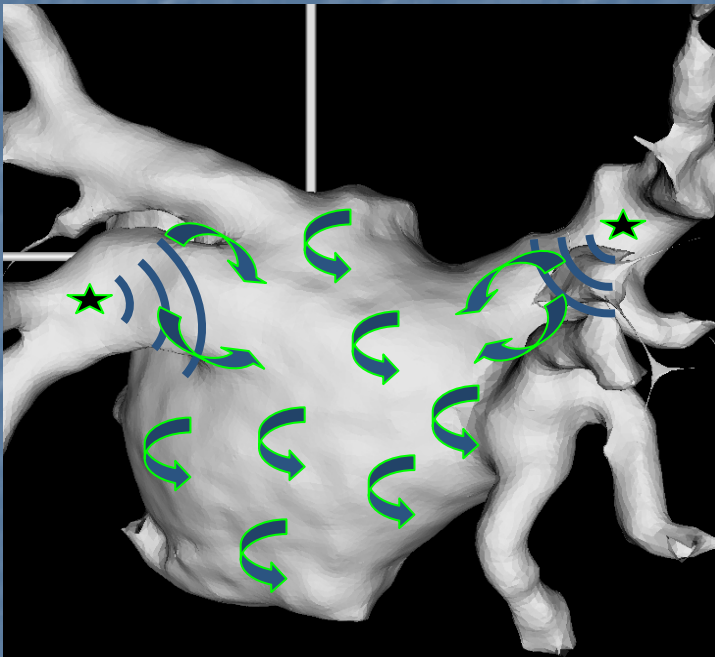
# *Chronic AF*



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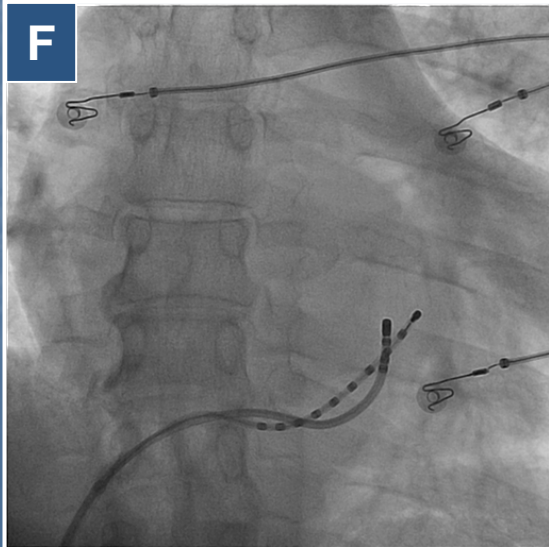
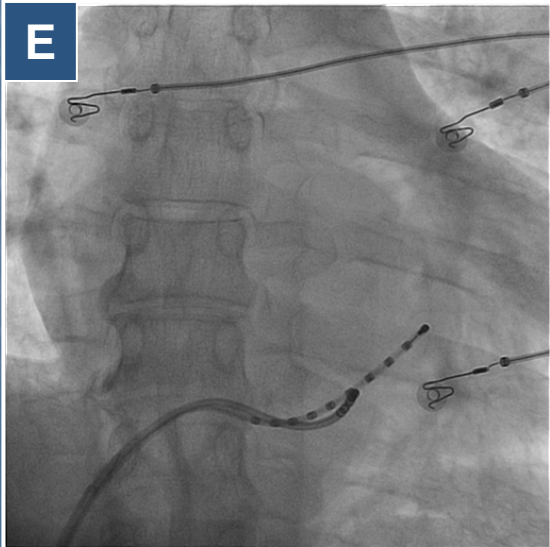
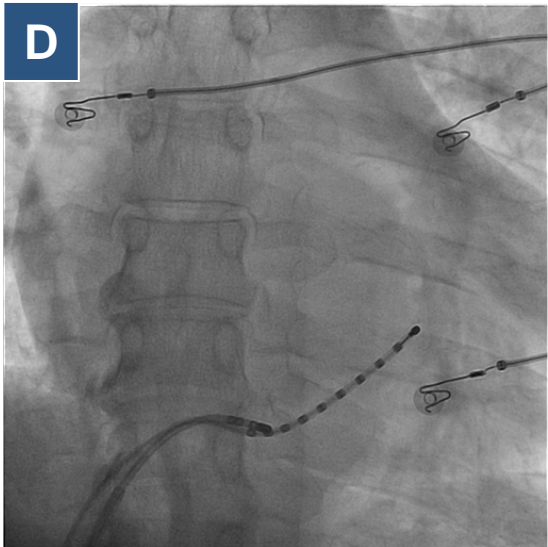
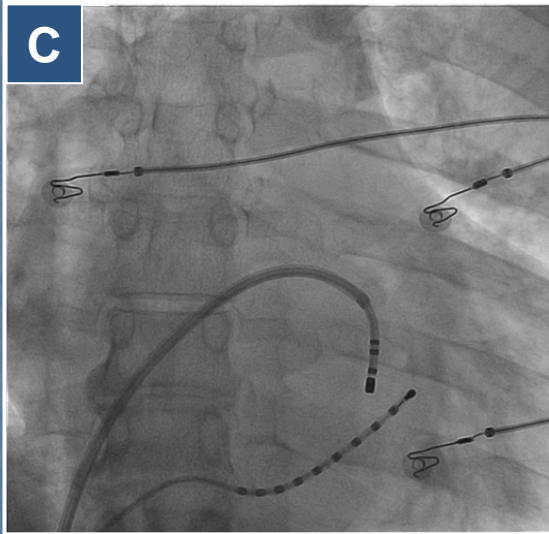
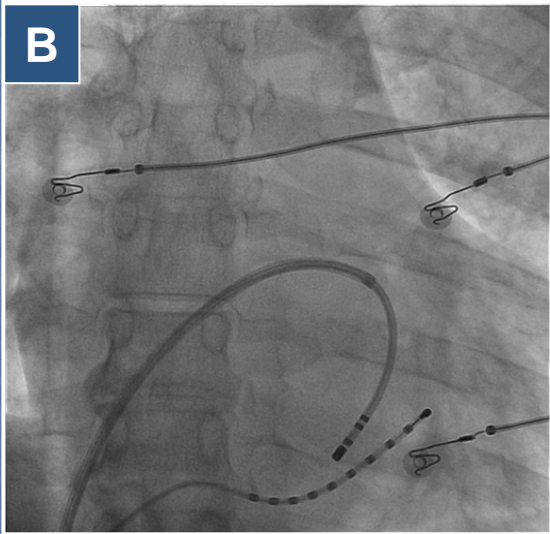
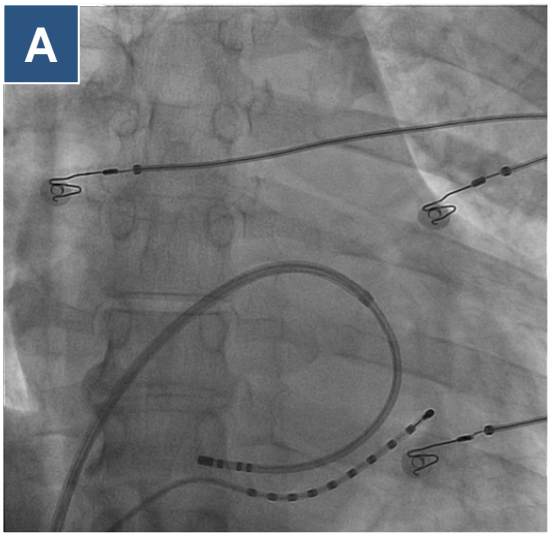


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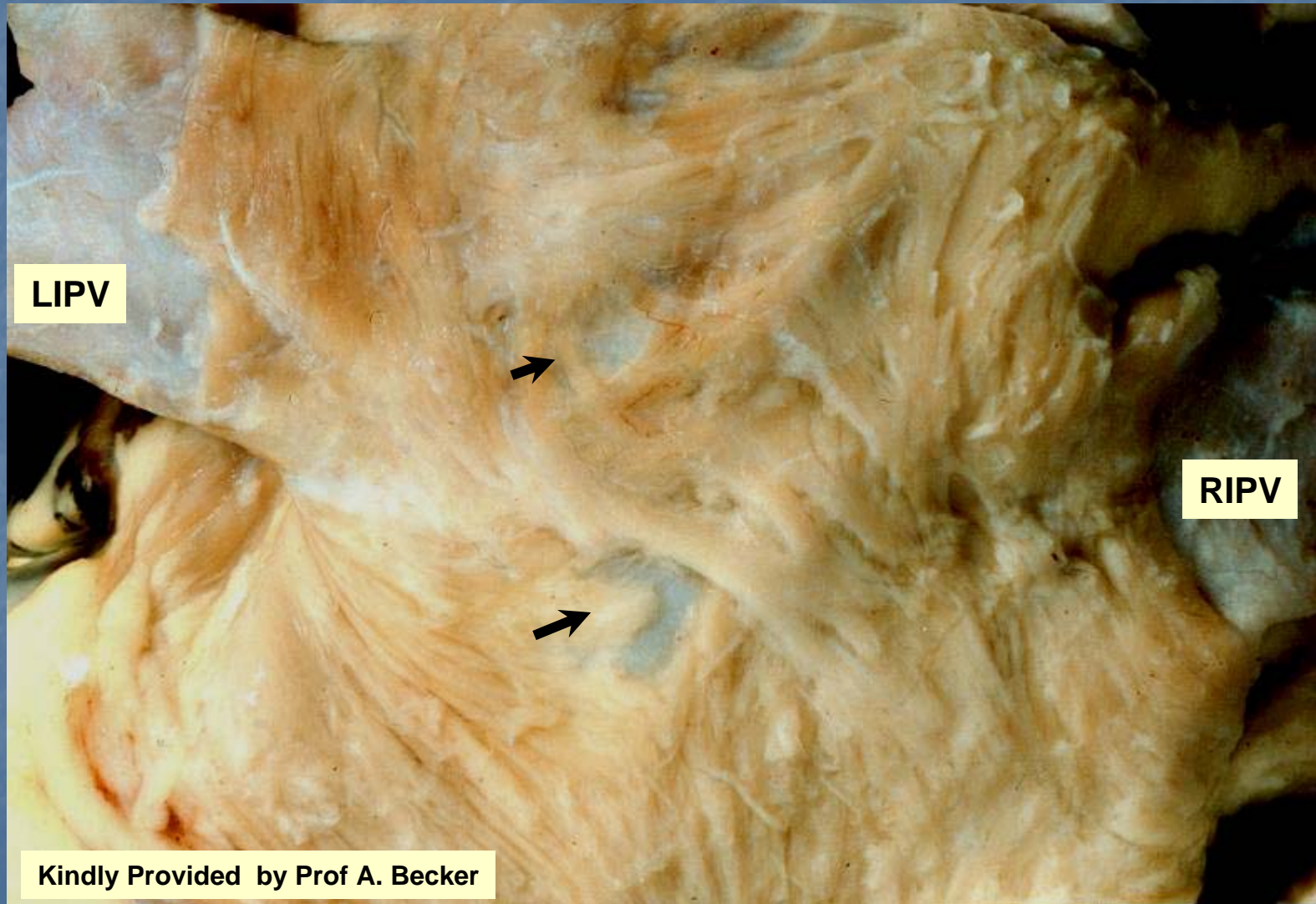




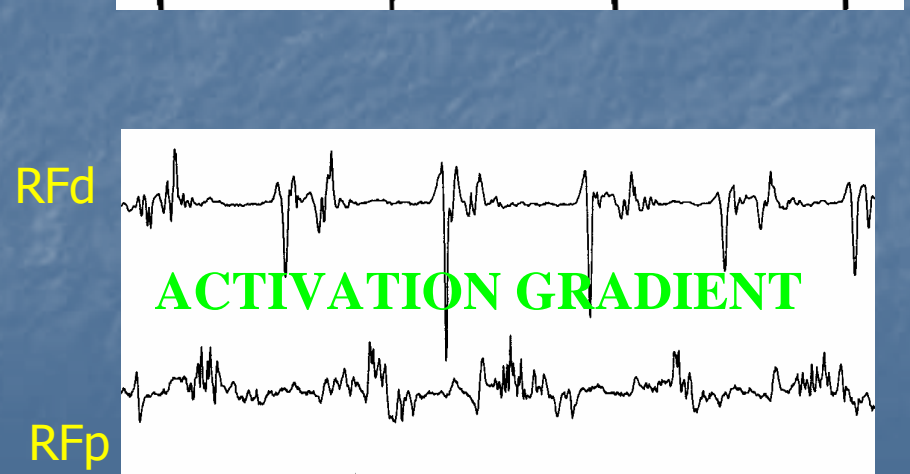
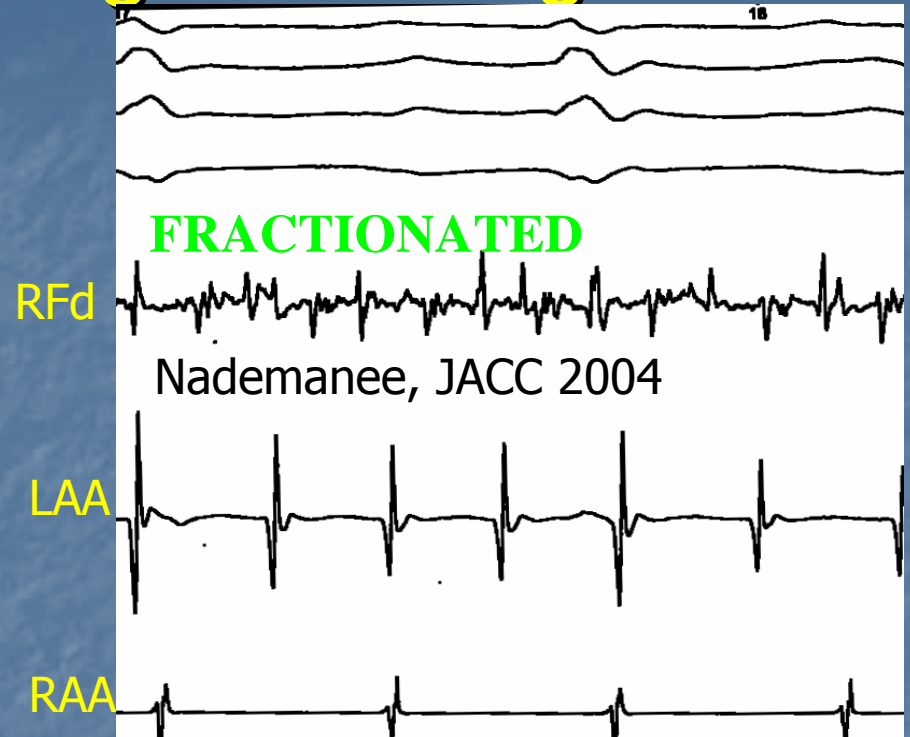
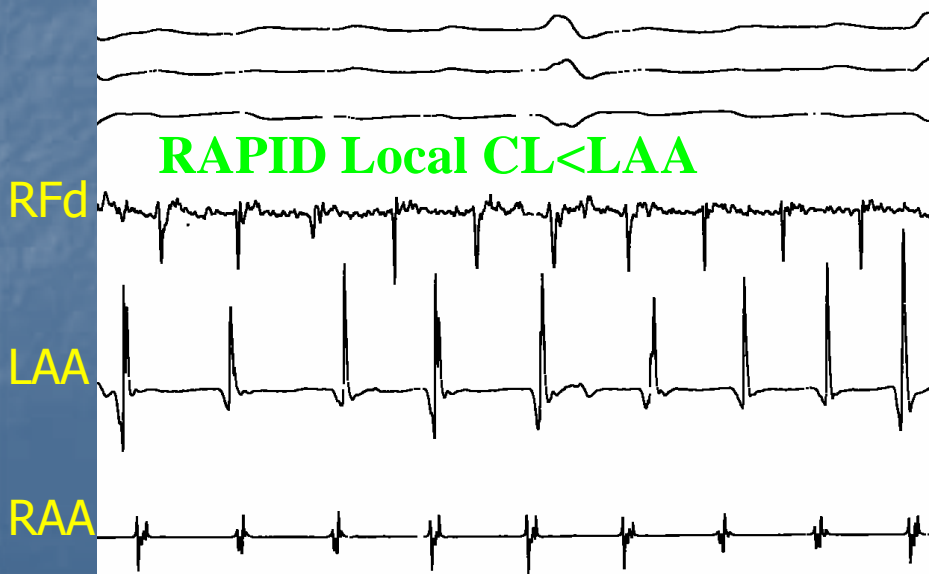
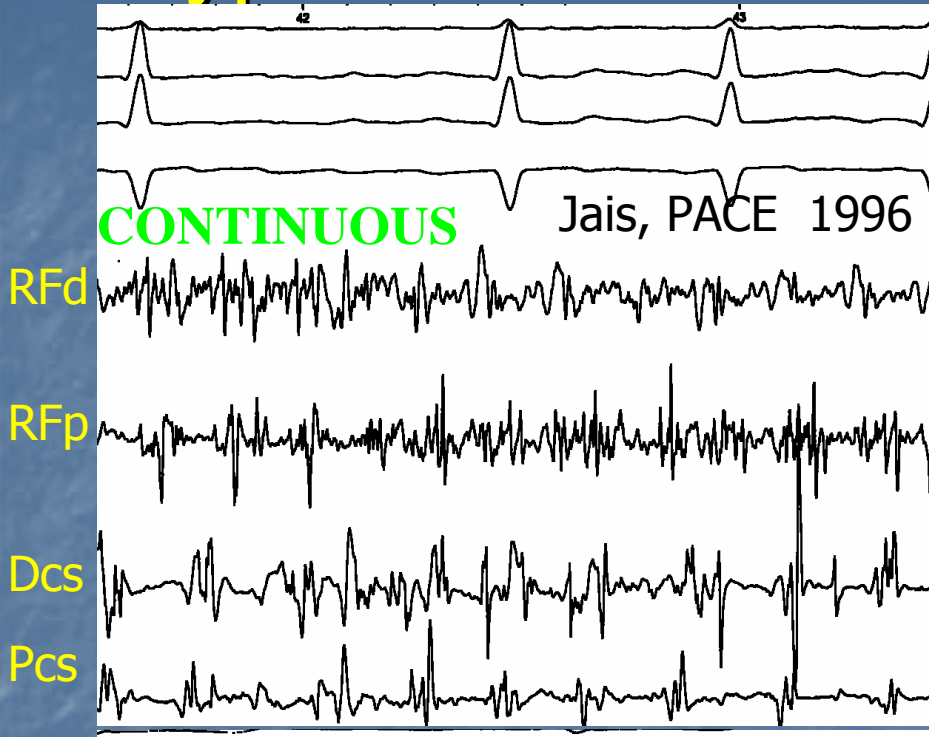
# INFERIOR LA/CS INTERFACE



# Left Atrial Wall Thickness



# Types of Atrial Electrograms Targeted





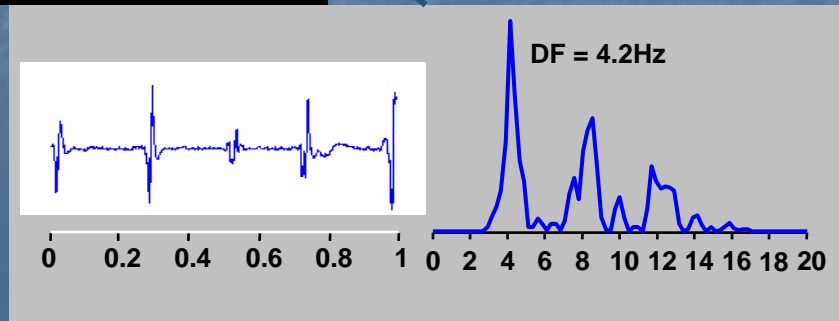
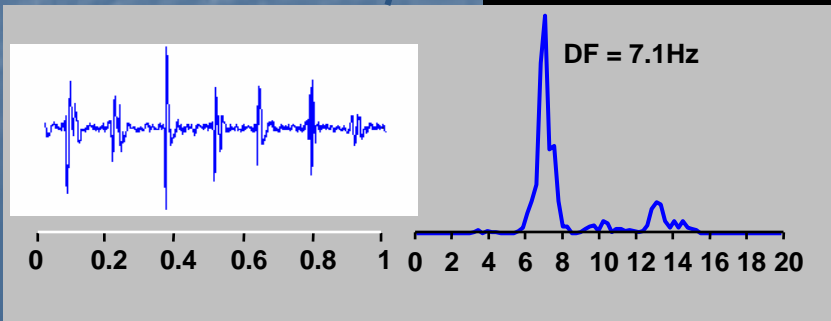
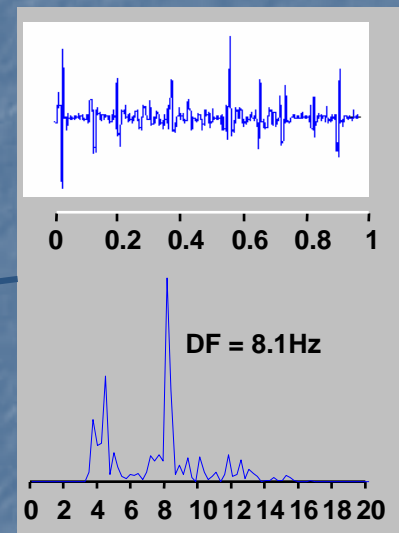
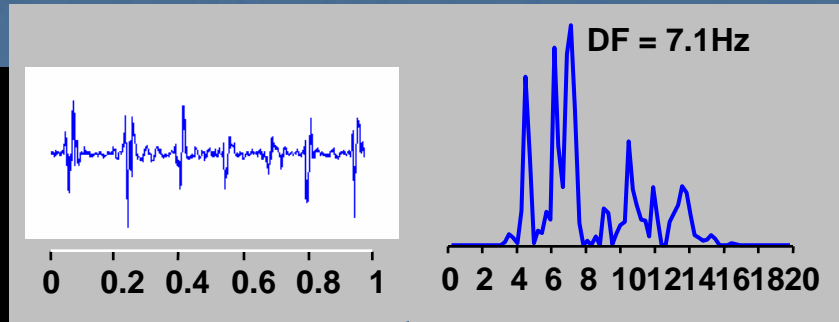
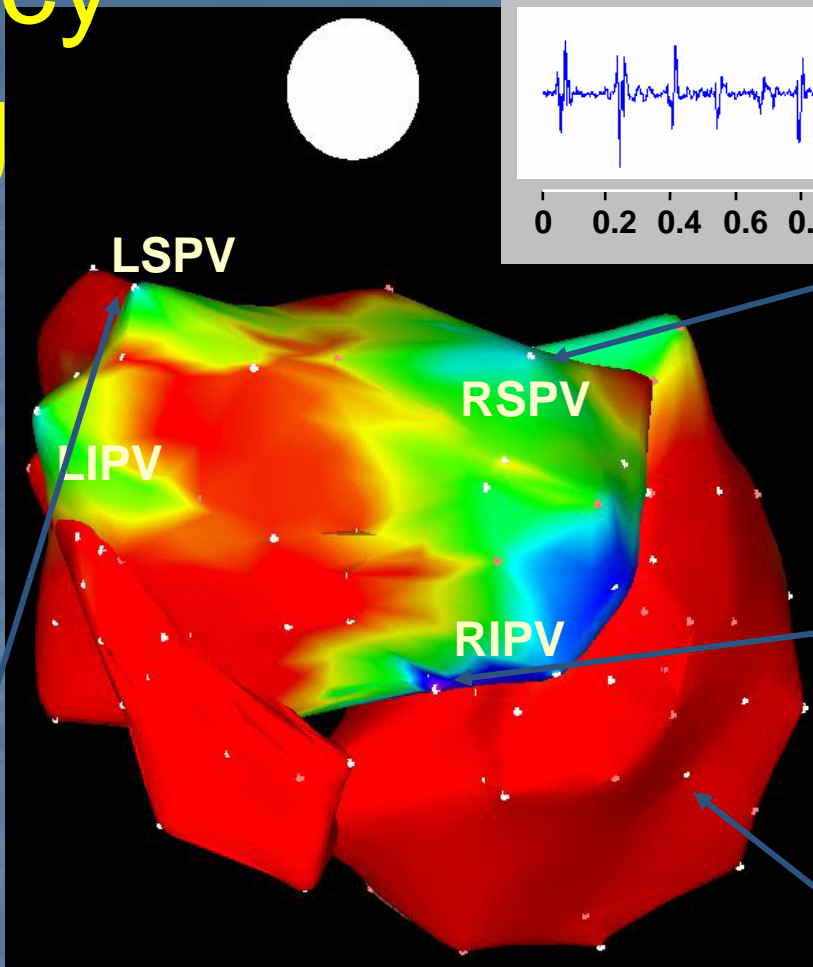
# Frequency Mapping

8.1Hz

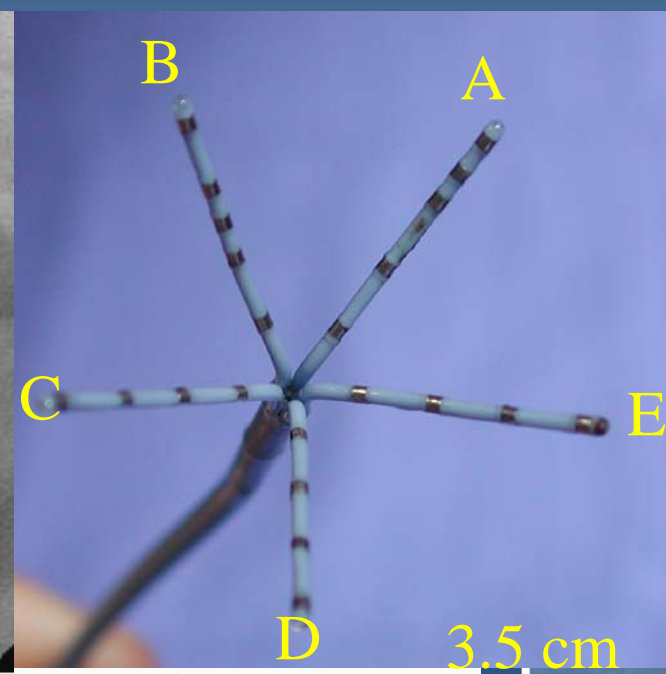
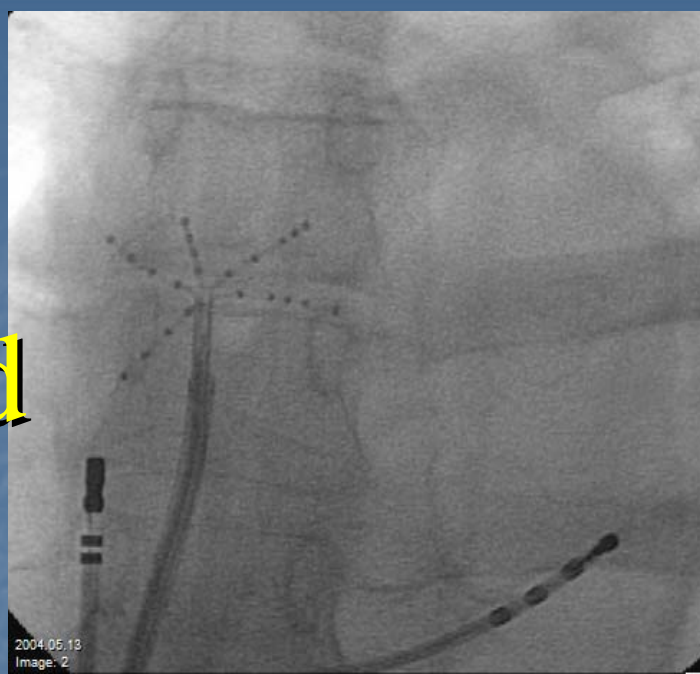


5Hz

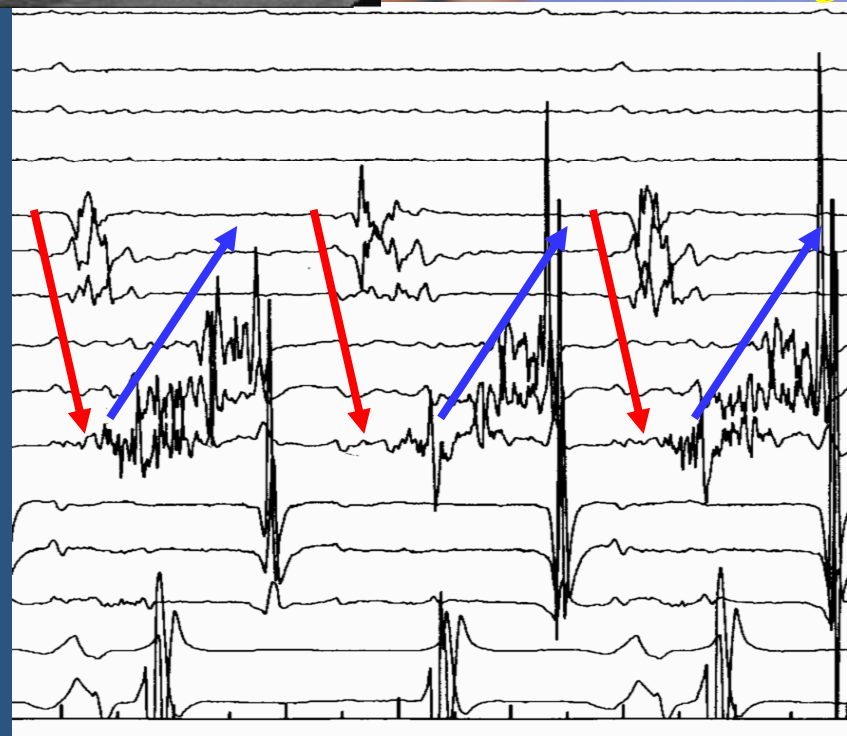
Posterior-  
Anterior  
View



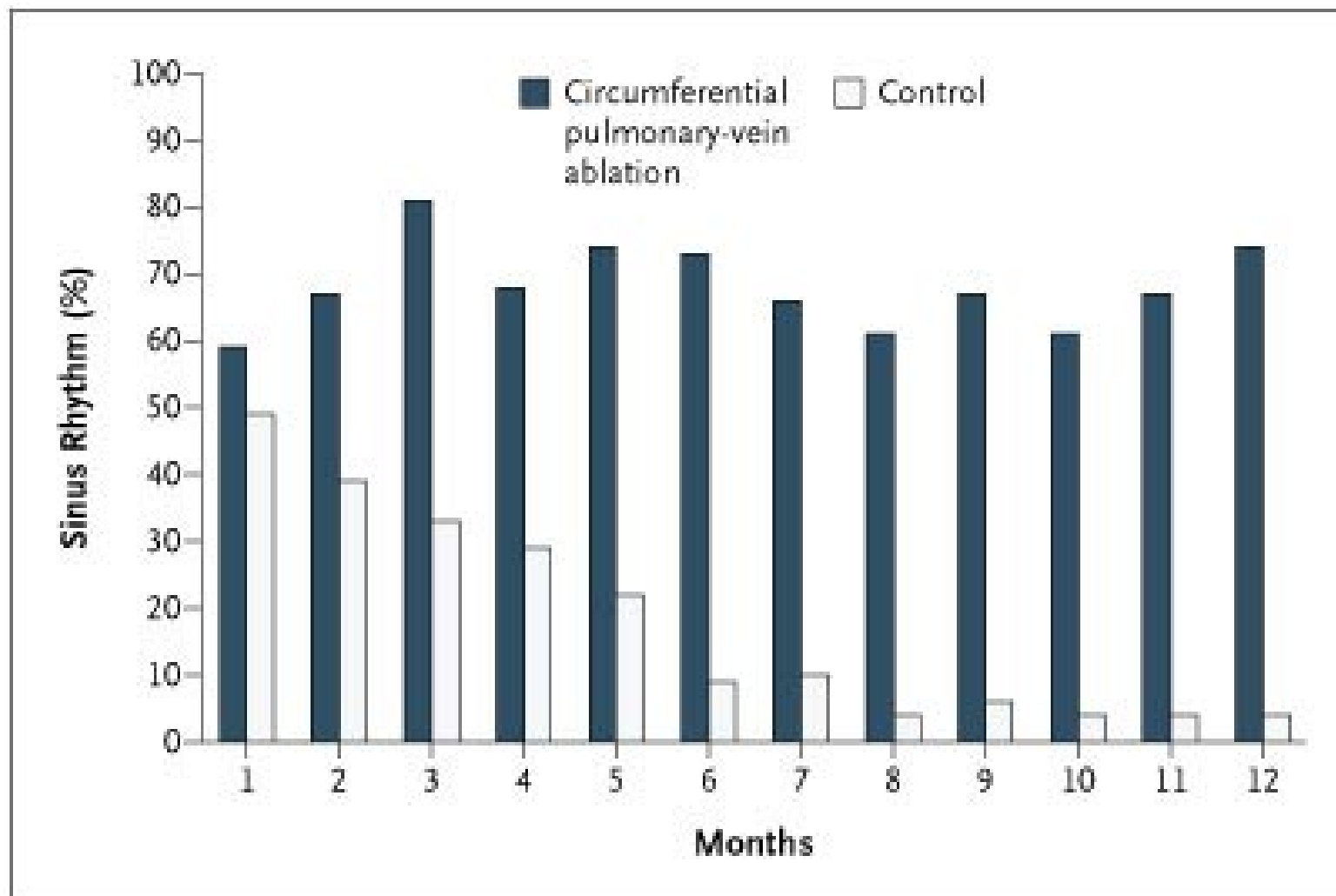
# High Density Localized Mapping Catheter



- A5-4
- B5-6
- B6-7
- B7-8
- C9-10
- C10-11
- C11-12
- D13-14
- D14-15
- D15-16
- E17-18
- E18-19
- E19-20
- CS



## Percentages of Patients without Atrial Fibrillation and Atrial Flutter in the Absence of Antiarrhythmic-Drug Therapy

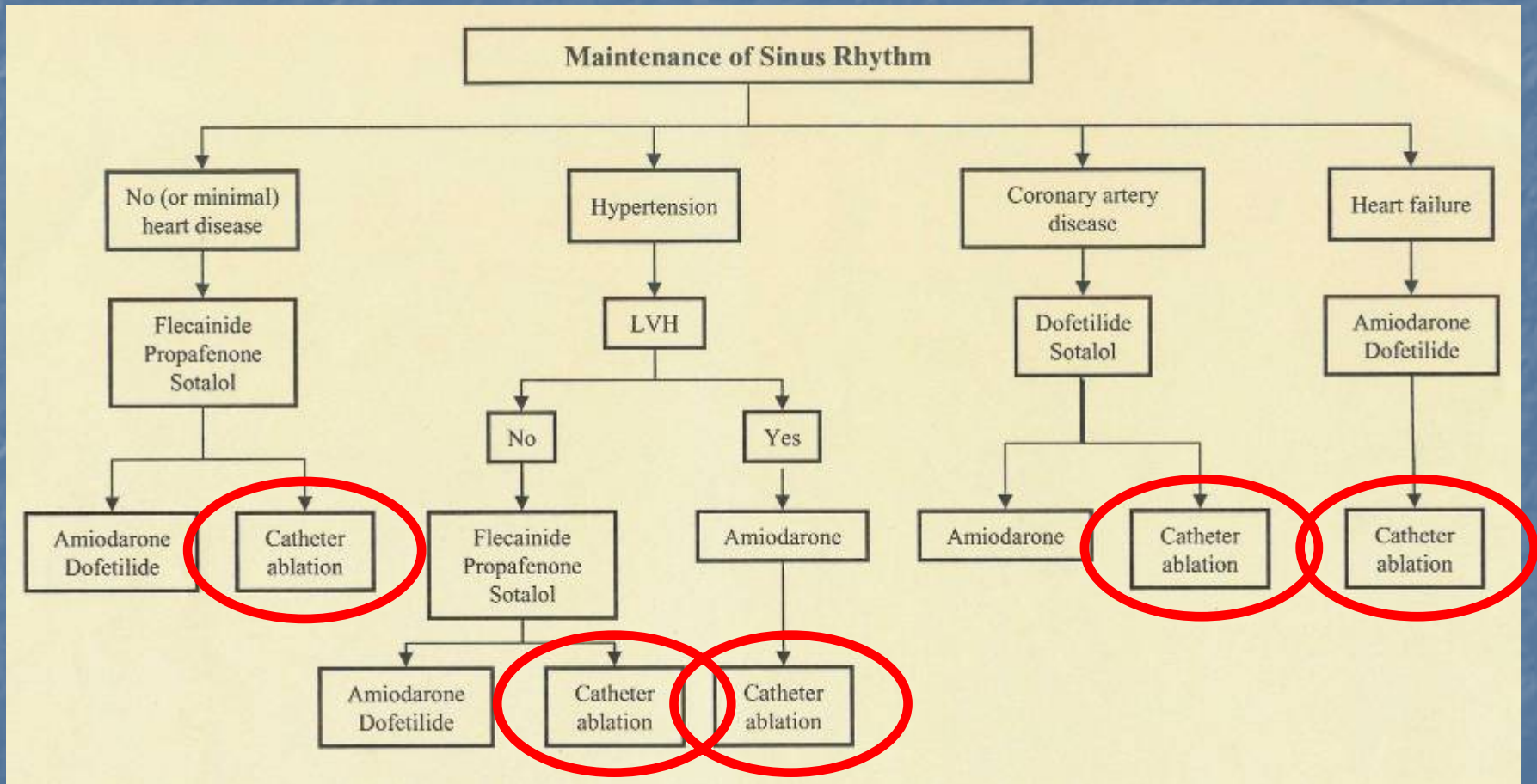




# Catheter Ablation vs. Antiarrhythmic Drug Therapy for Atrial Fibrillation Trial (*CABANA*)

- **Prospective, Unblinded, Randomized-Controlled Trial**
  - A comparison of catheter ablation with medical therapy (rate or rhythm control) in AF patients requiring treatment
- **Endpoint:**
  - Primary: Total mortality
  - Secondary: Composite of Total CV mortality, disabling stroke, serious bleeding and cardiac arrest
- **Inclusion Criteria:**
  - Paroxysmal, Persistent or Permanent AF
  - Risk factor for stroke:
    - Age > 65, HTN, DM, CHF, Prior CVA/TIA, LA > 4.5cm, EF < 35%
- **Protocol:**
  - Randomize 3000 pts to ablation or drug Tx (1:1)
  - Minimum follow-up of 2 years

# 2006 ACC/AHA/ESC AF Management Guidelines



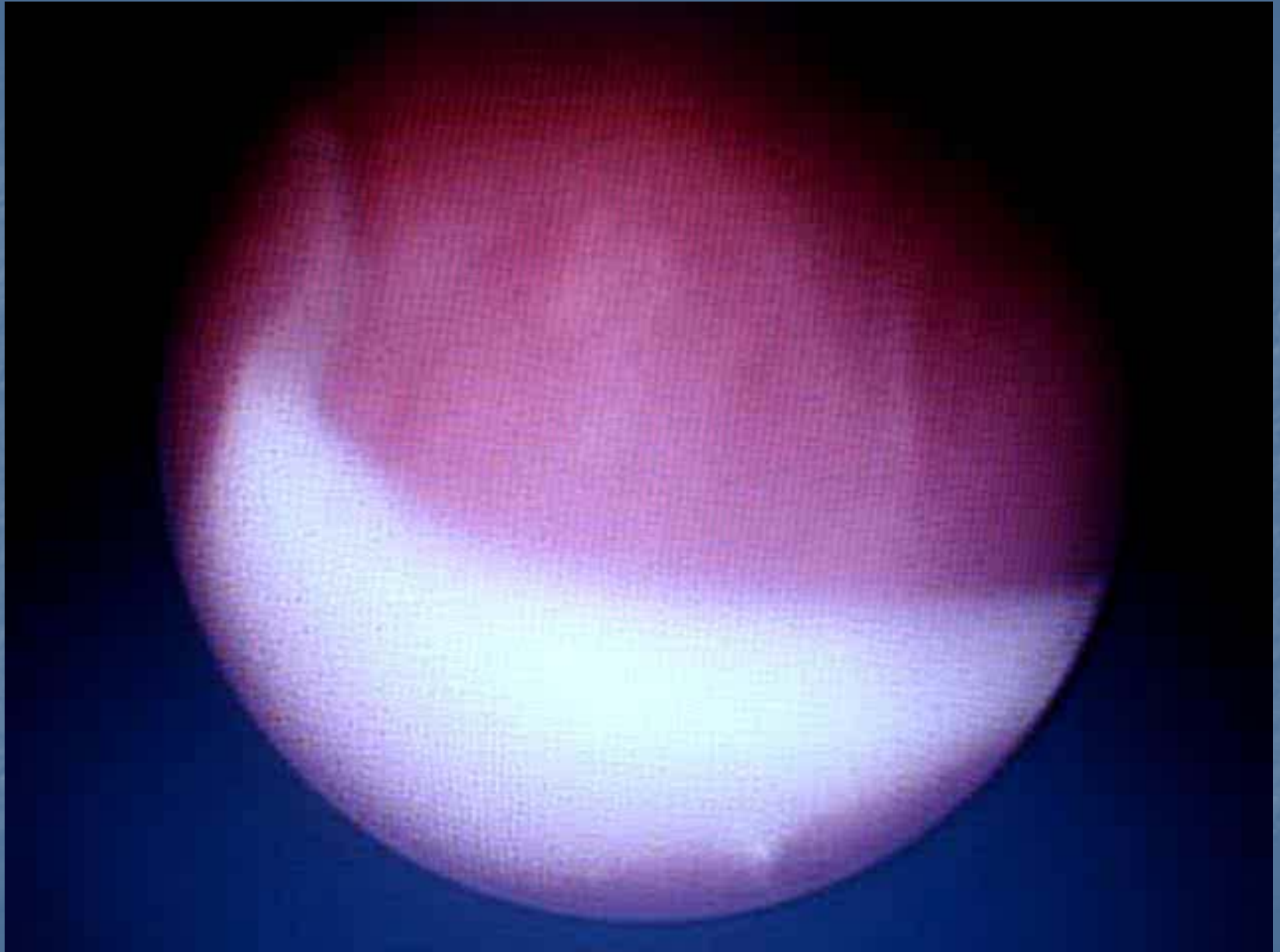


An anatomical dissection of a heart, showing the internal structures. Three irrigated-tip catheters are visible, each highlighted with a yellow circle. A blue arrow points to the catheter in the upper left circle. The heart is surrounded by a network of blood vessels and connective tissue. The overall color is a mix of red and pink, with some yellowish areas.

**Irrigated –tip catheter for AF**







# Technological Advances

## Magnetic Navigation

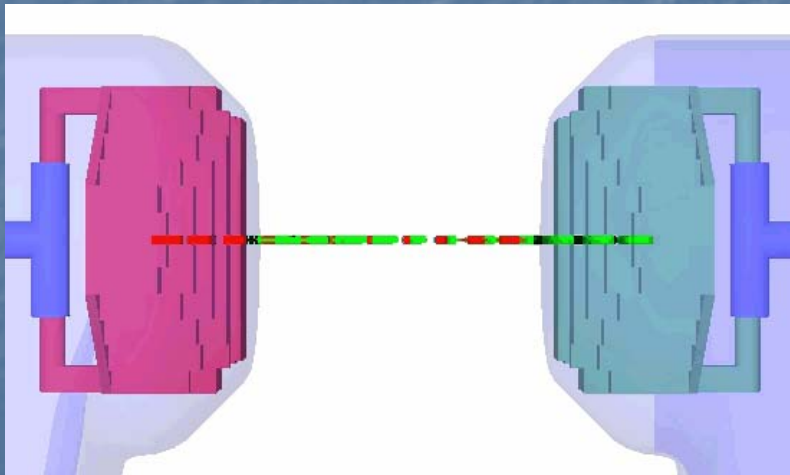


## Robotic Navigation

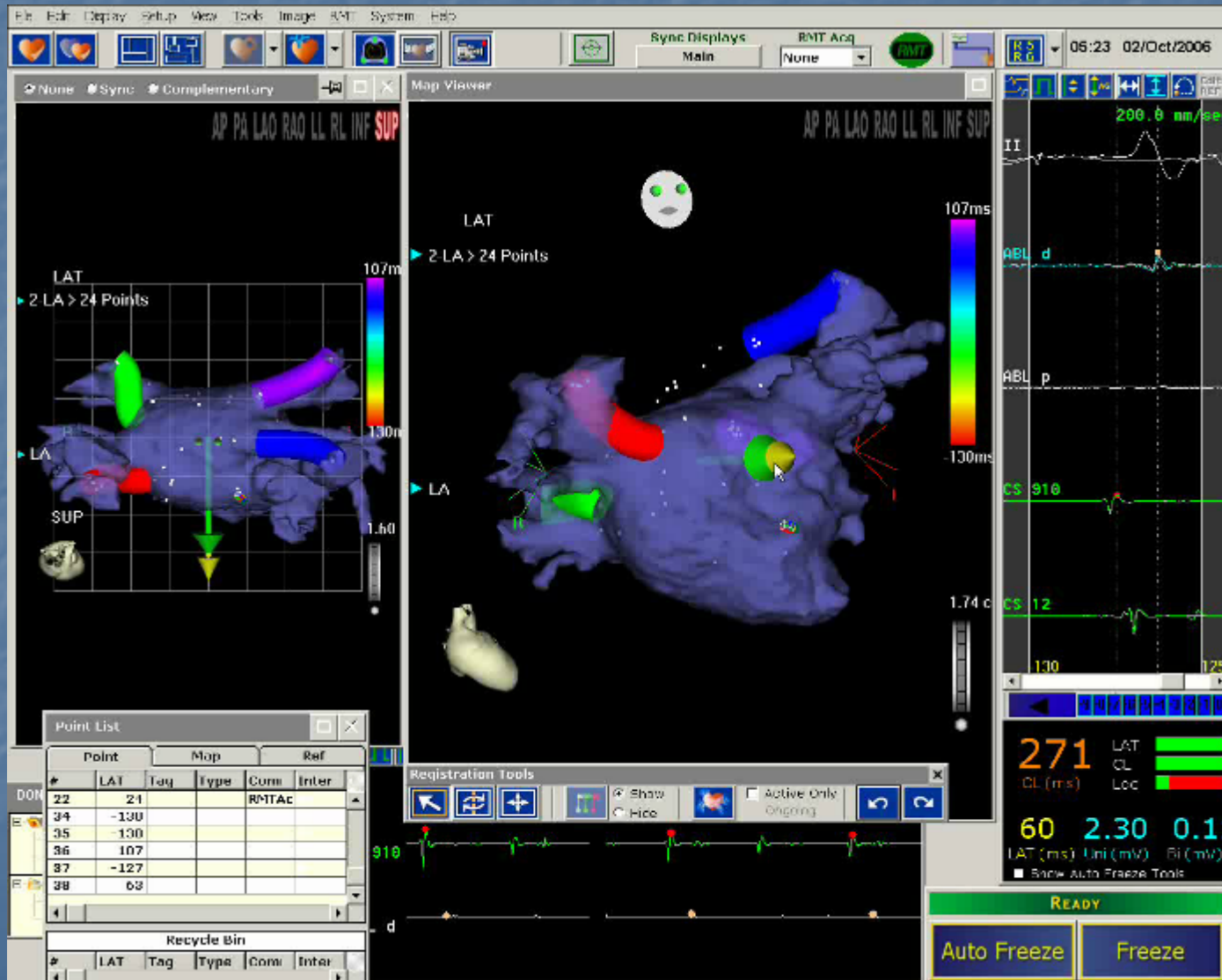




# Magnetic Manipulation



# Remote LA Mapping: V8-RMT



# Robotic Navigation

- Robotic Arm
- Catheter Control System
  - Internal Guide Sheath
    - 4-Quadrant Deflection
    - Insertion / Withdrawal
  - External Sheath
    - Single Deflection
    - Rotation
    - Insertion / Withdrawal
- “3D” Joystick
- Software Interface





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# Technological Advances

## ■ Image Integration:

- Fluoroscopy + CT/MR
- Electroanatomical Mapping + CT/MR
  - Use of Remote Navigation
  - "Real-Time" Imaging

## ■ Balloon Catheter Ablation:

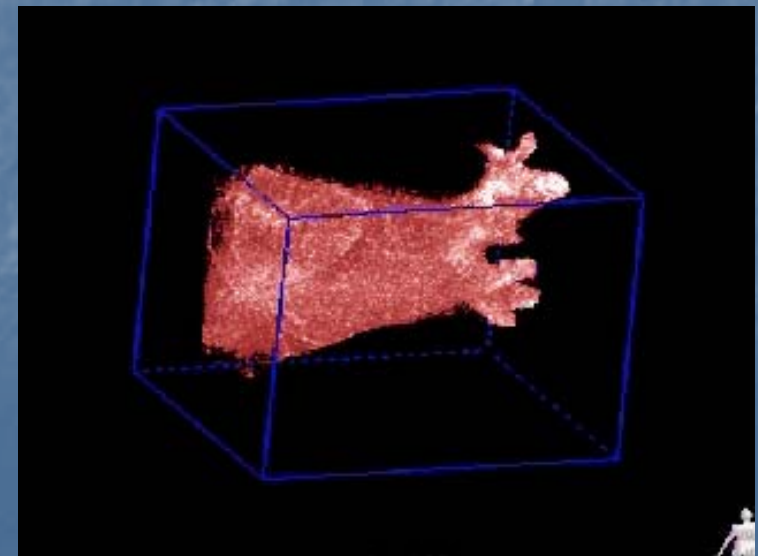
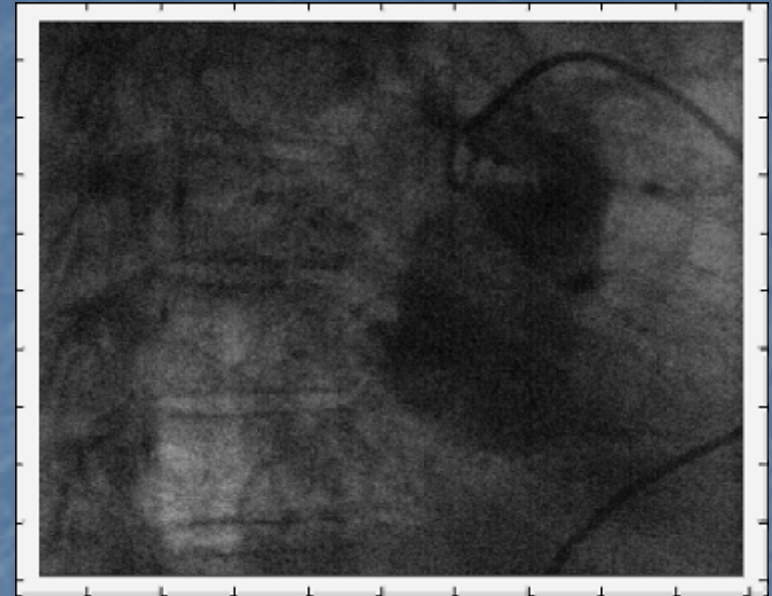
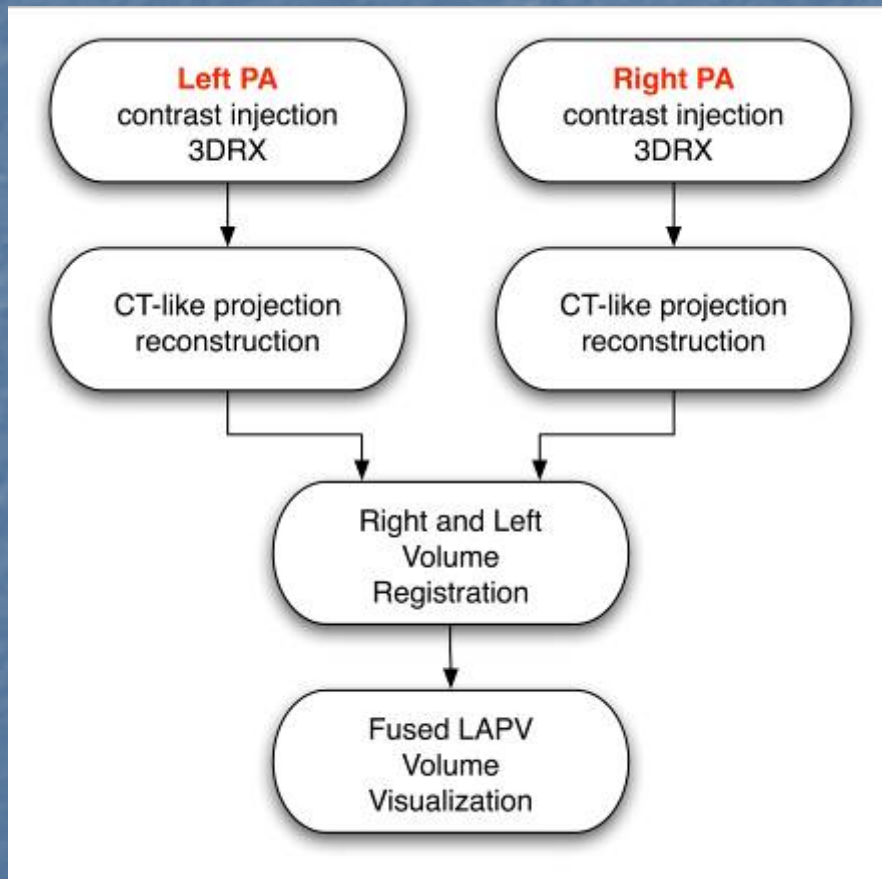
- Cryo- Ablation
- Laser Ablation
- HiFU Ablation

## ■ Signal Processing

### Rotational Angiography

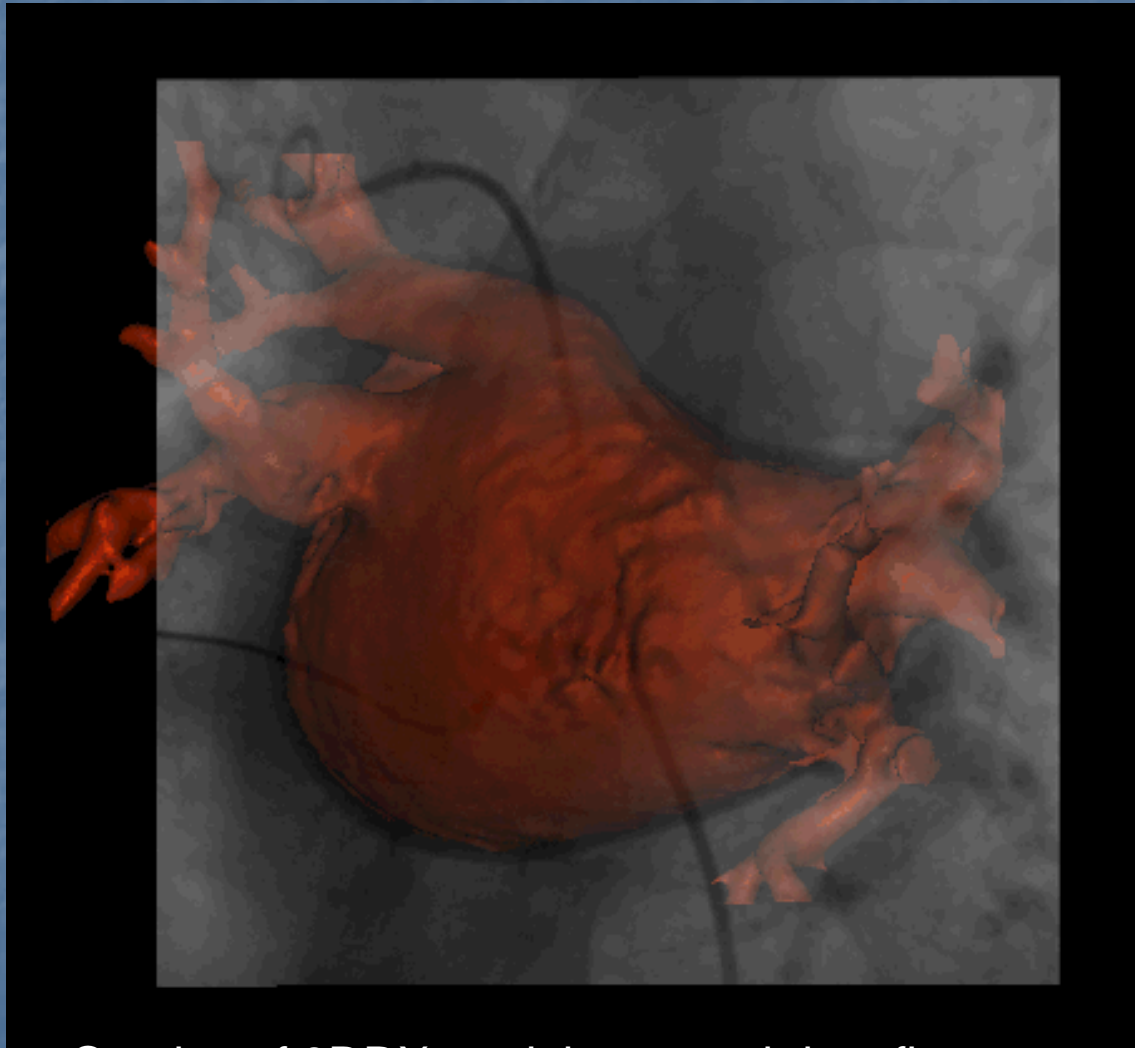


# RotAngio: Clinical LA-PVs Imaging





# RotX with X-Ray Overlay



Overlay of 3DRX model atop real-time fluoroscopy

# Technological Advances

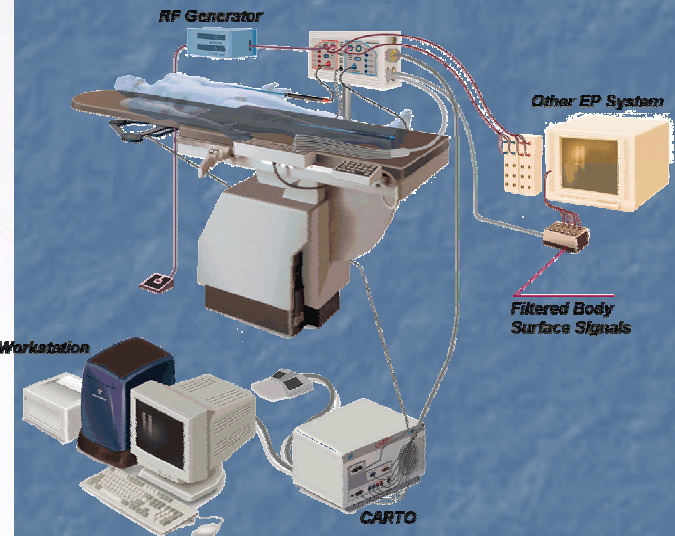
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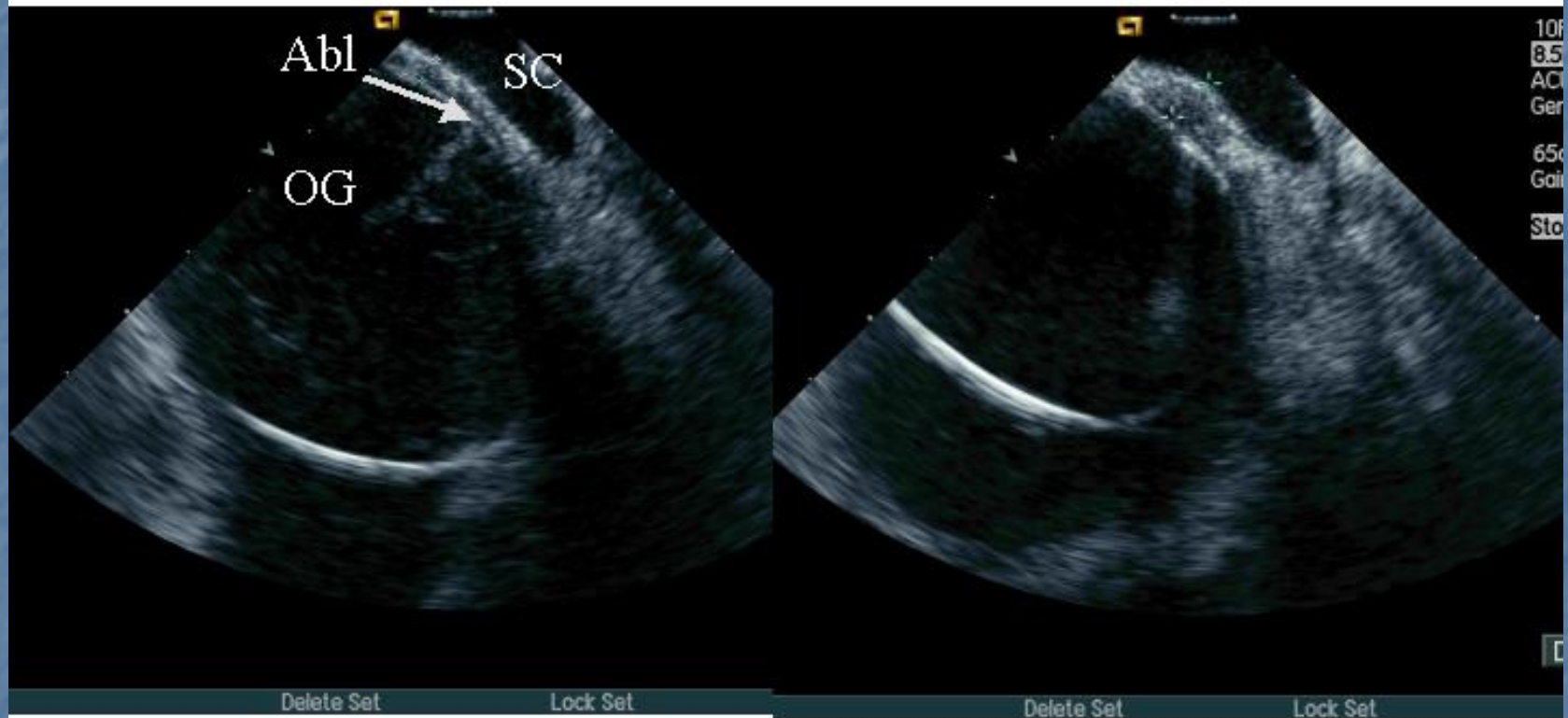
- Signal Processing

## 3D Ultrasound Imaging



Pré ablation:  
épaisseur de la paroi  
sur la ligne d'ablation: 3 mm

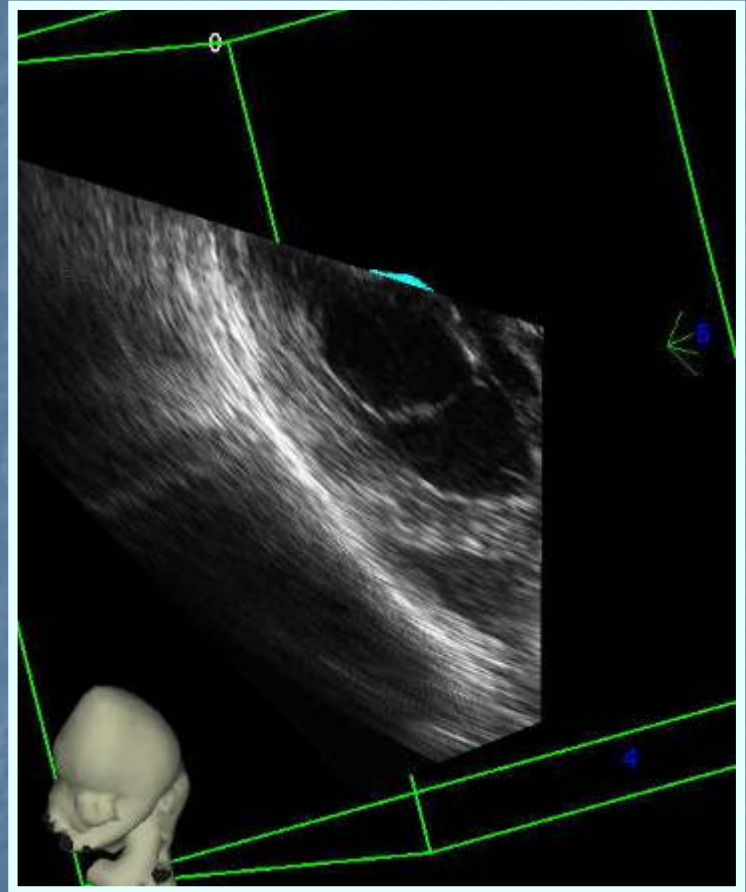
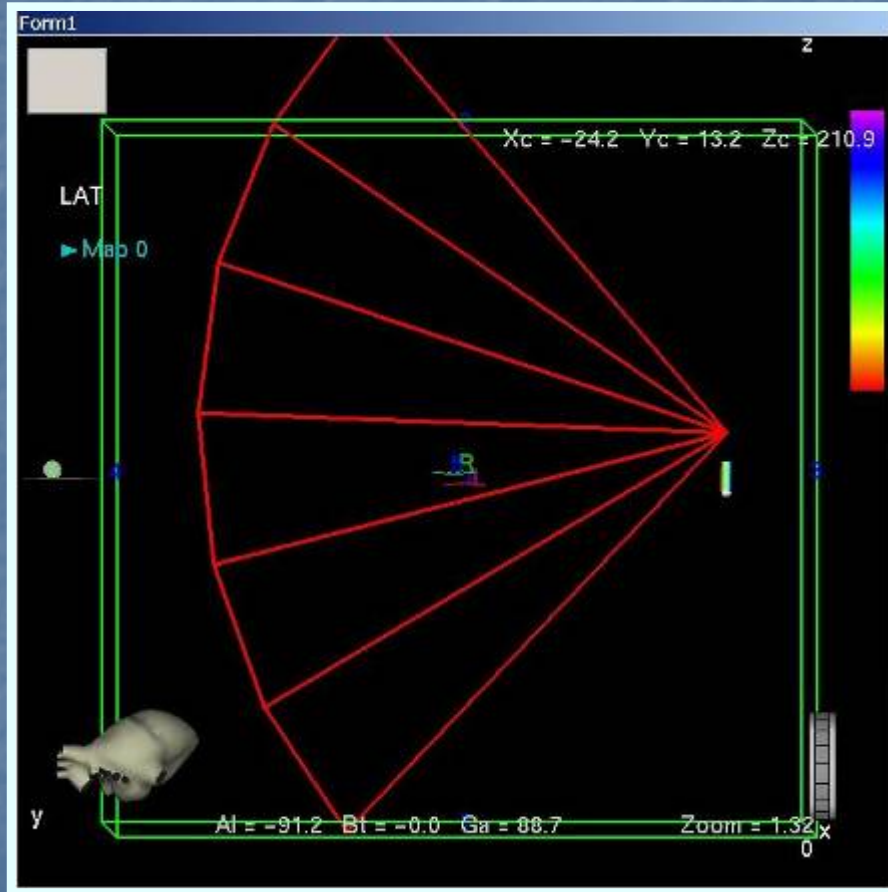
Post ablation:  
l'épaisseur a doublé,  
elle est de 6 mm



Abl: cathéter d'ablation situé sur la face endocardique de l'isthme gauche

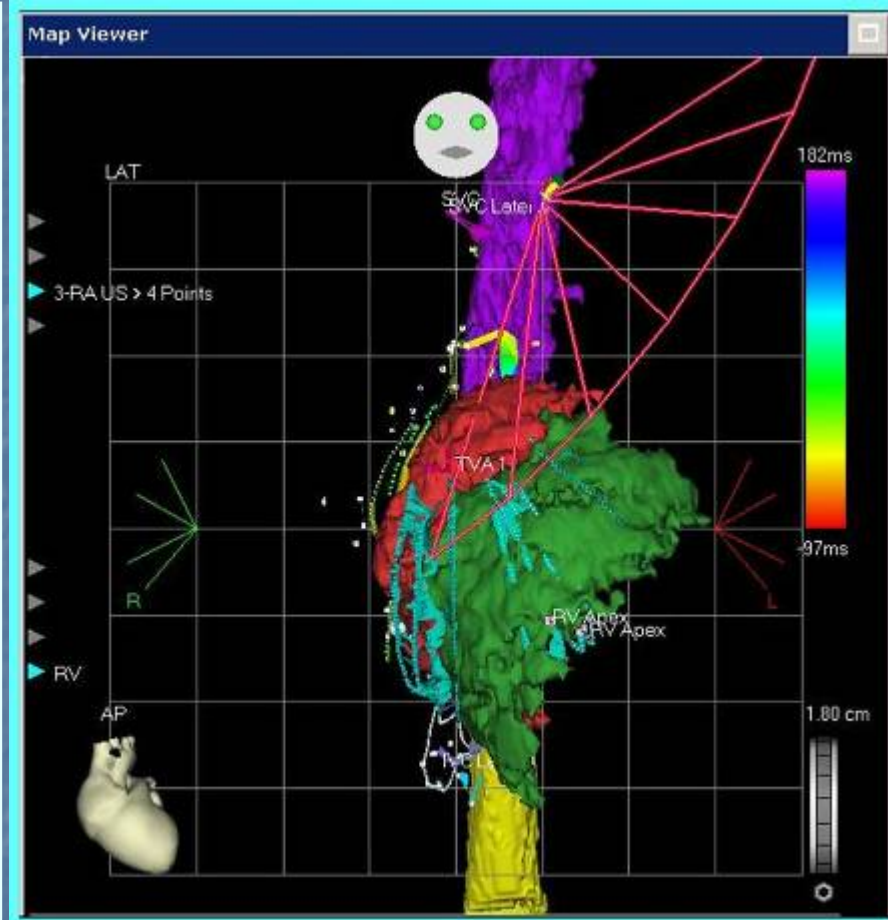
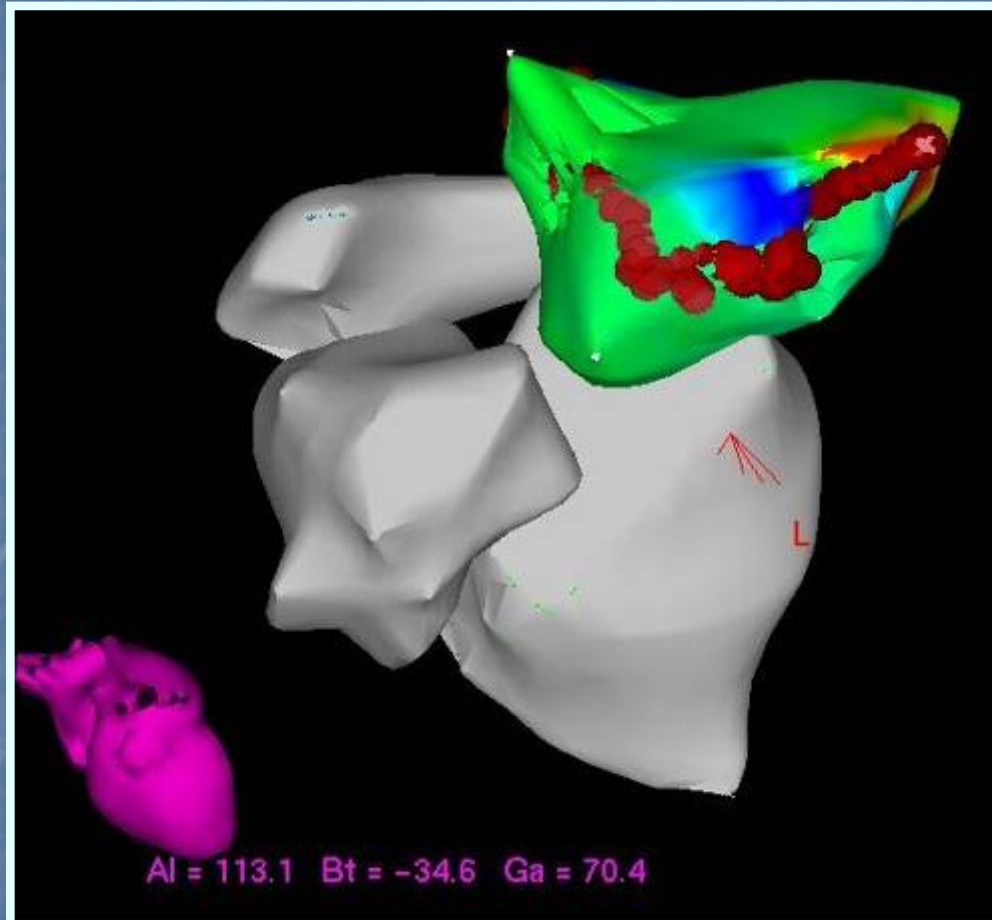


# “Localized” ICE Imaging



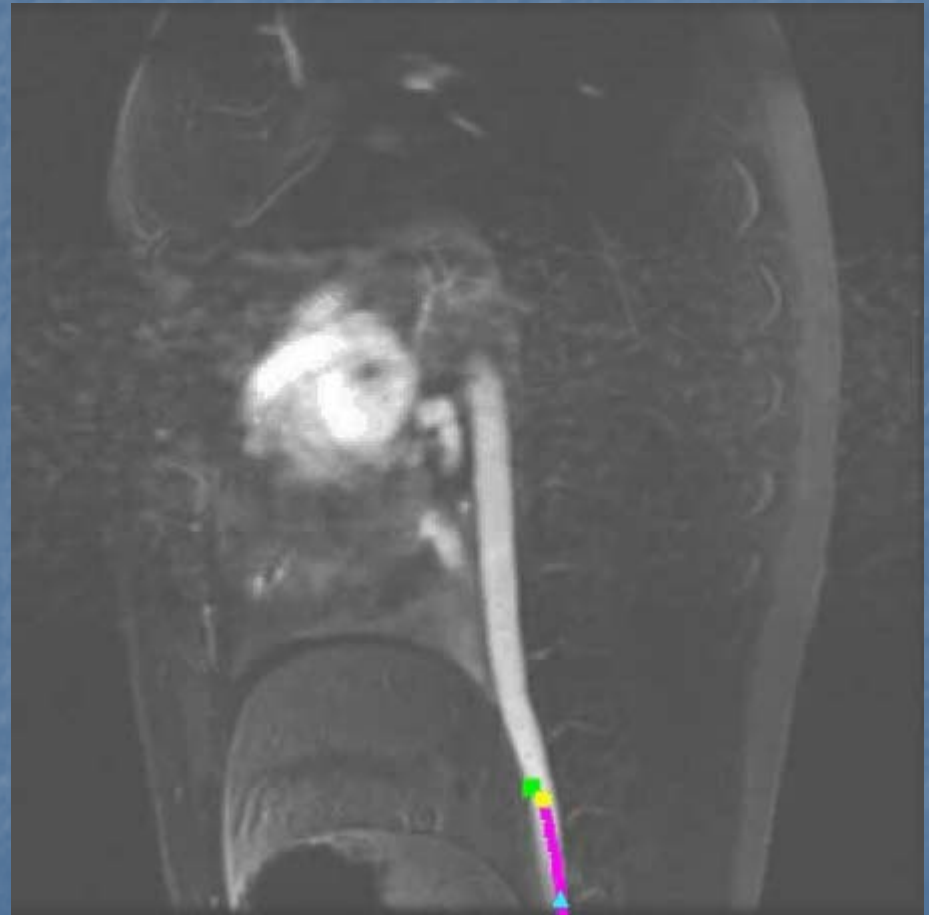
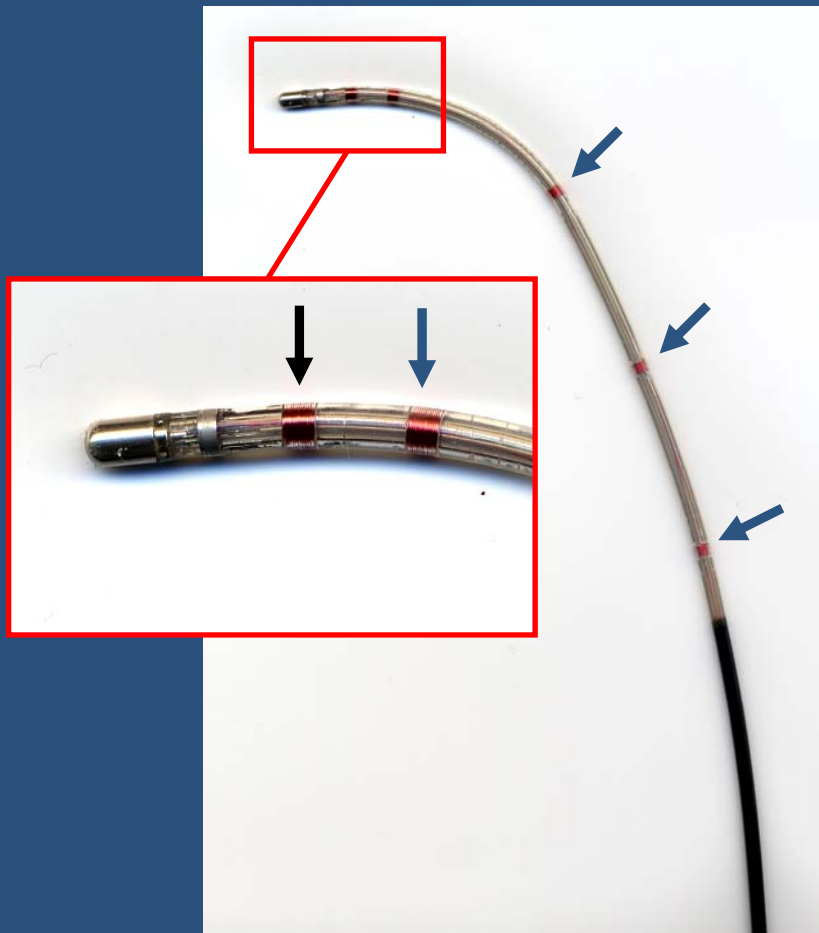
Courtesy: Biosense-Webster, Inc.

# “Localized” ICE Imaging

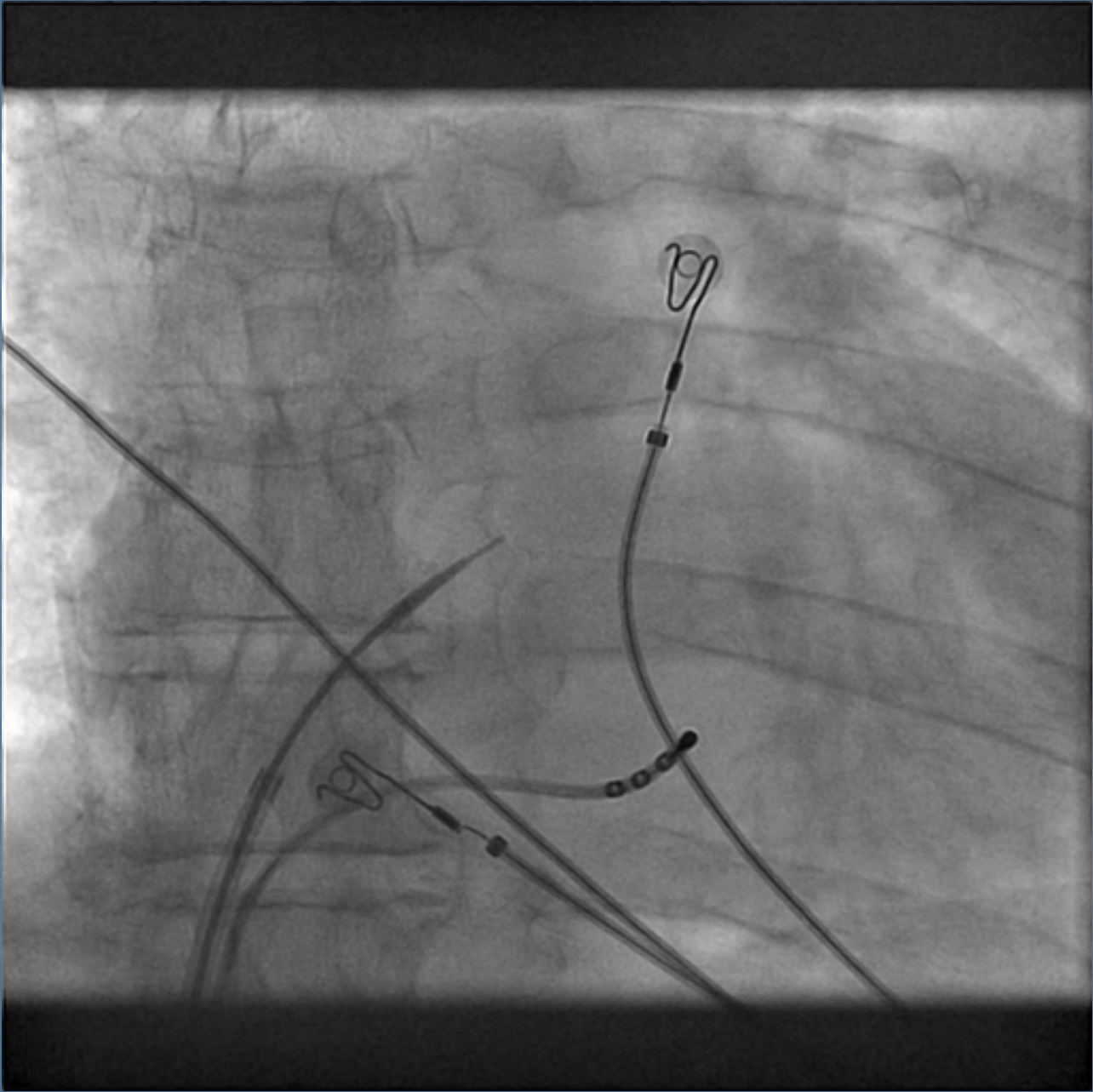


Courtesy: Biosense-Webster, Inc.

# MR-Compatible Catheters





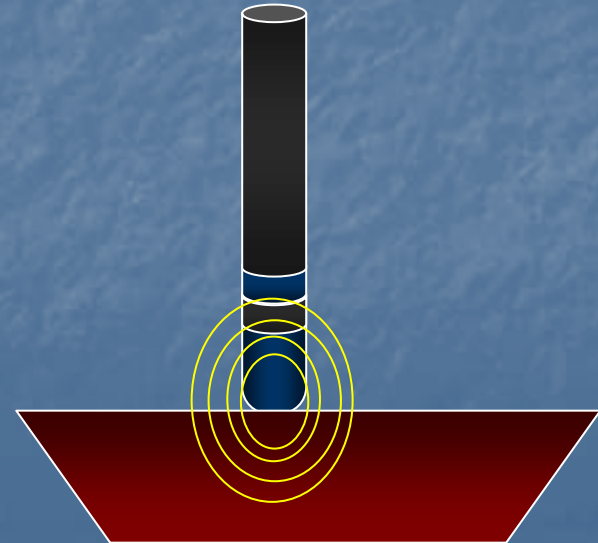
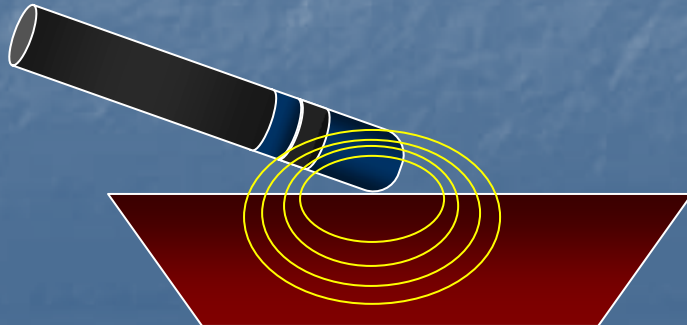


# Electrode Length

- Increasing electrode tip from 2mm to 4mm results in more than doubling of lesion size, but larger electrodes result in smaller lesions at fixed power (Langberg *PACE* 1990)
- But if increased power used to maintain electrode temp, 8mm tip further doubled lesion depth; 12mm tip made smaller lesions, charring/crater formation seen (Langberg *Circulation* 1993)

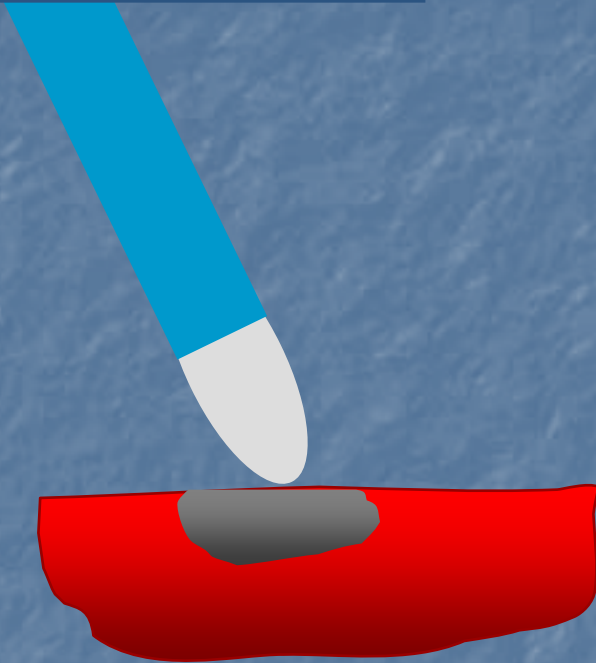
# Electrode Contact

- Better electrode-tissue pressure and contact improves lesion formation (Avitall *PACE* 1997)
- Parallel catheter position produces larger lesions than perpendicular contact (Kongsgaard *PACE* 1997)

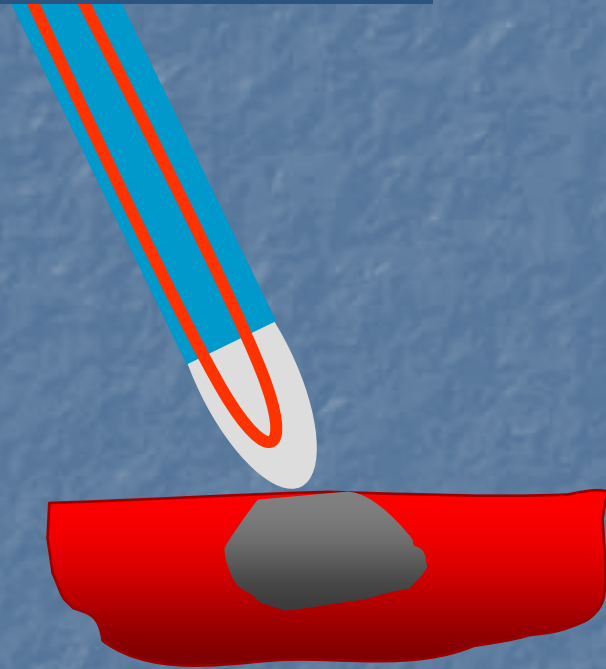




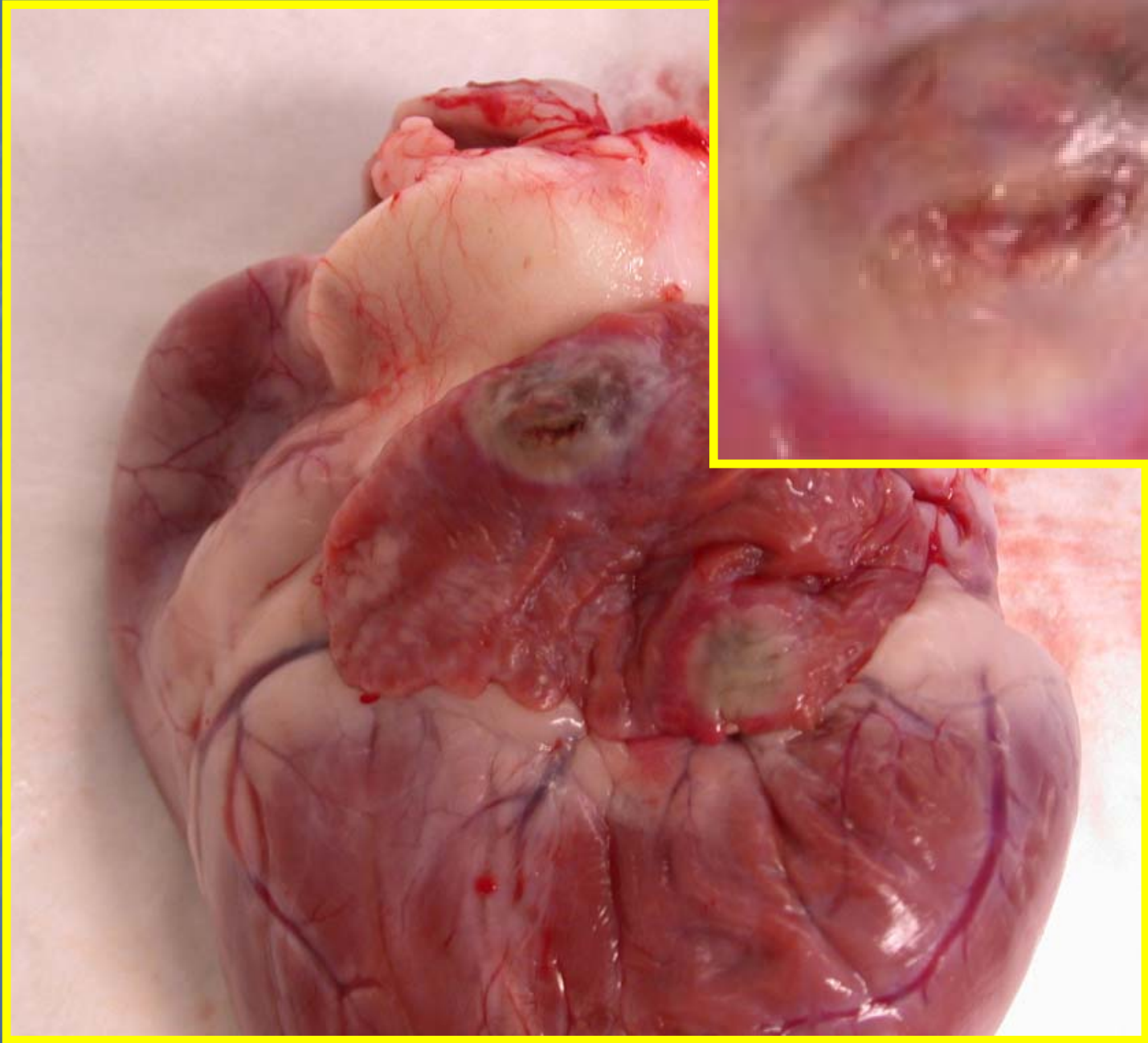
Standard RF  
ablation



Cooled RF  
ablation



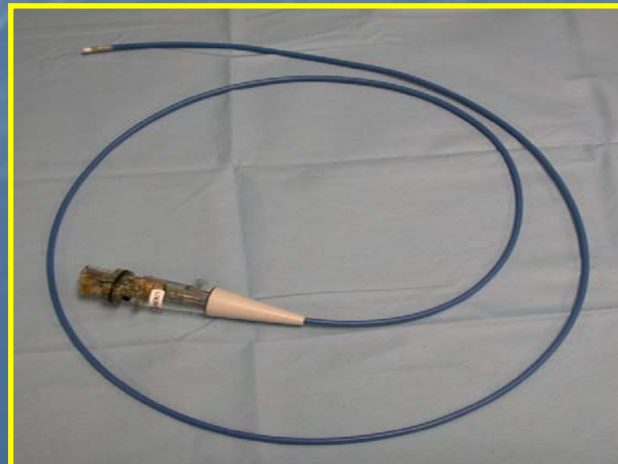
Risks of deeper heating  
greater tissue damage  
intramural “pops”



# Internal irrigation at 36 ml/min



# Intracardiac ultrasound





# Saline irrigated RF ablation

- Markers of steam pops
  - audible pop
  - sudden decrease in temperature
  - sudden catheter movement
  - sudden change in impedance

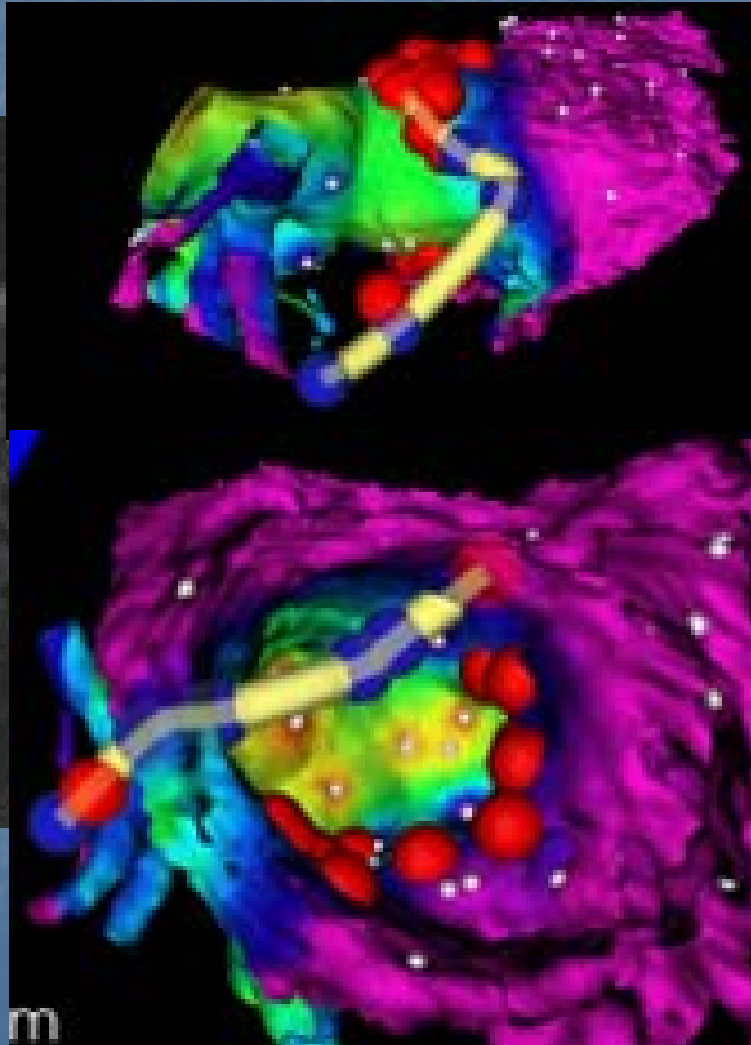
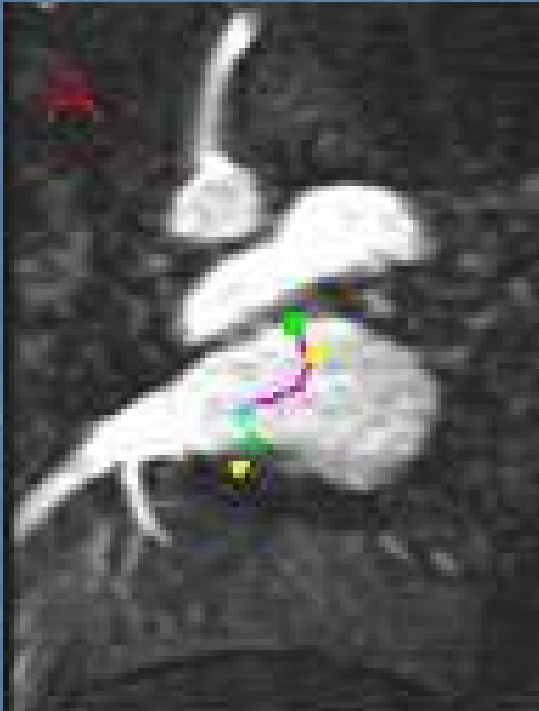
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  - Electroanatomical Mapping + CT/MR
    - Use of Remote Navigation
    - "Real-Time" Imaging
- Balloon Catheter Ablation:
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  - Laser Ablation
  - HiFU Ablation
- Signal Processing

iMRI

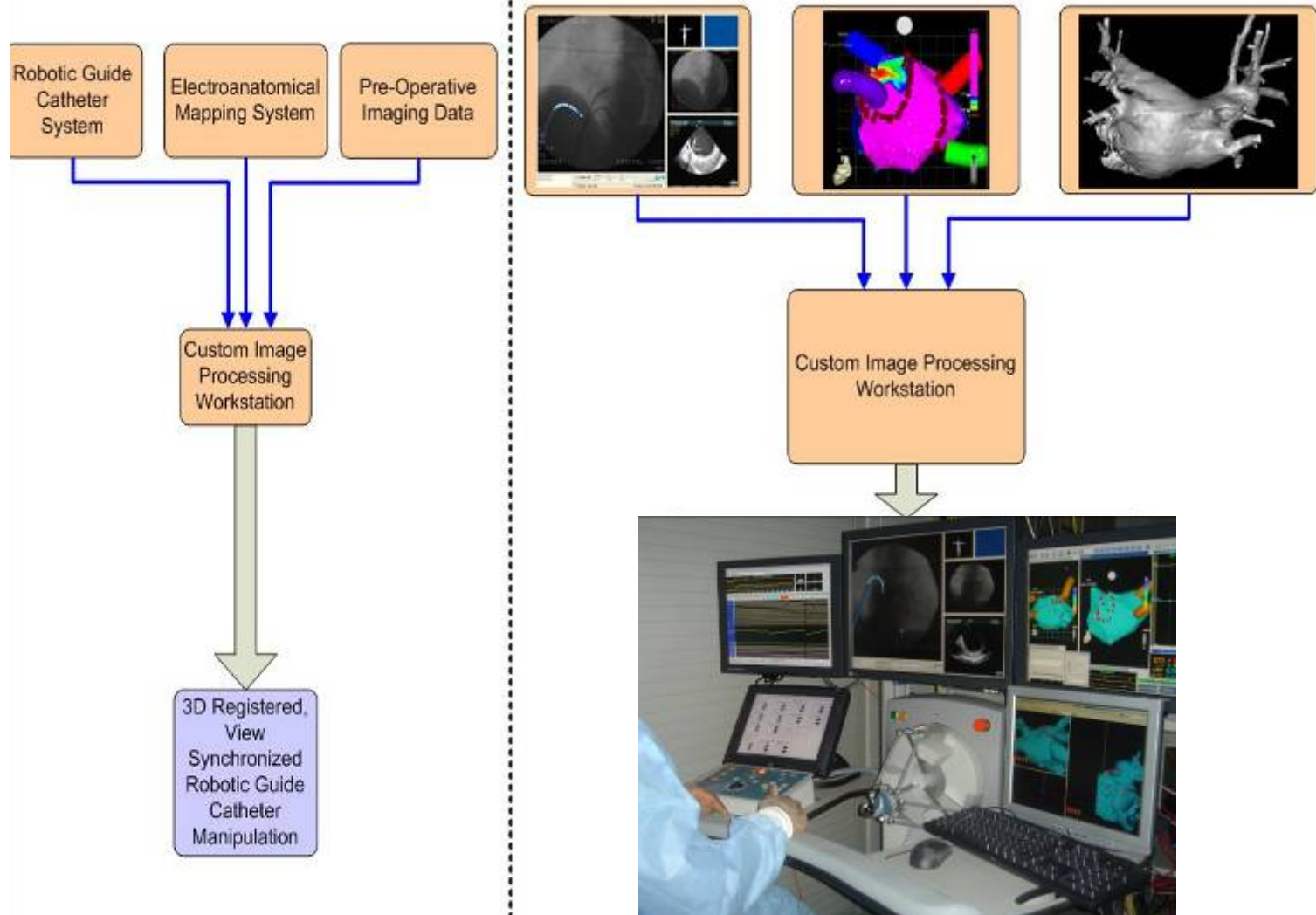


# MRI: PV Ablation

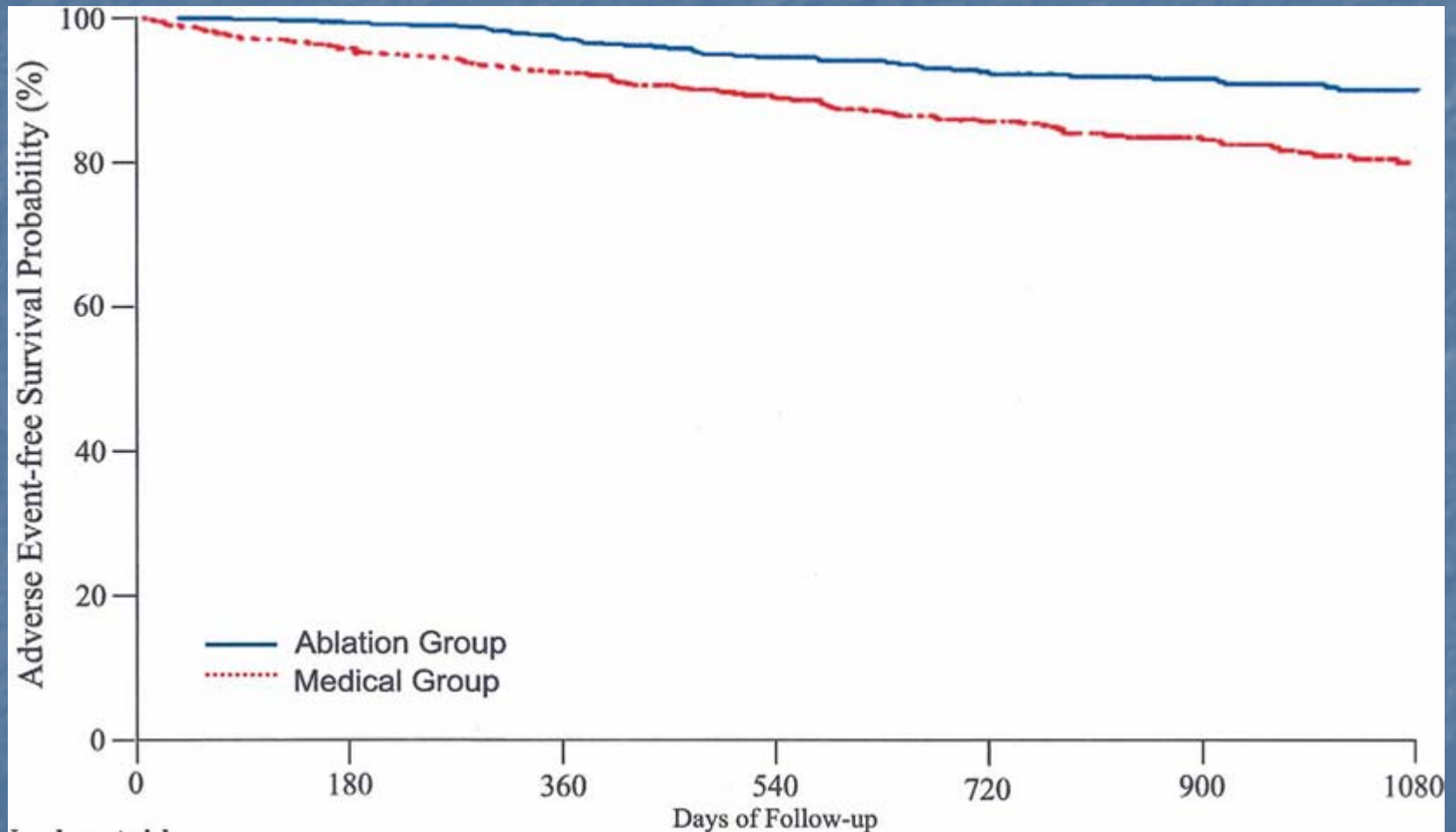




# Robotic Image-Guided Therapy

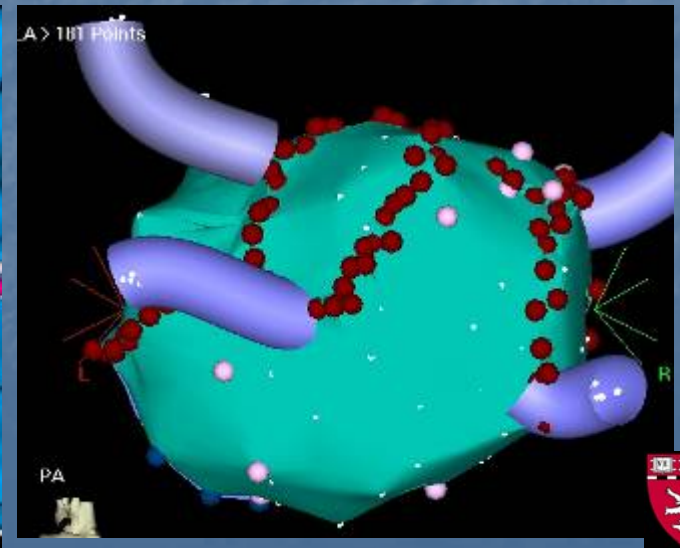
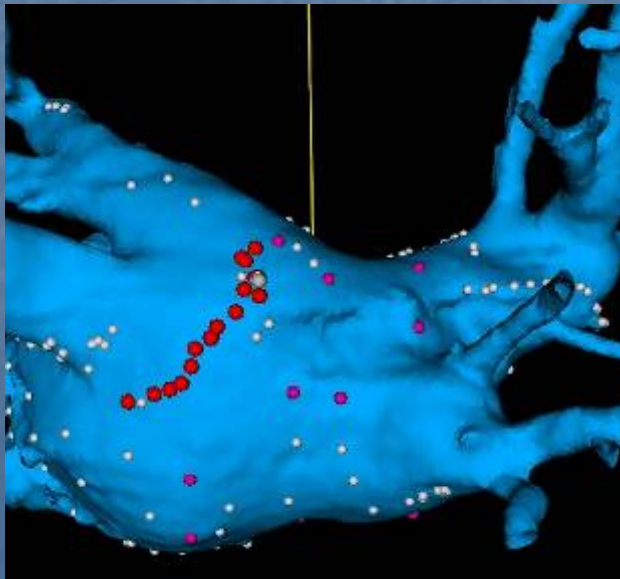
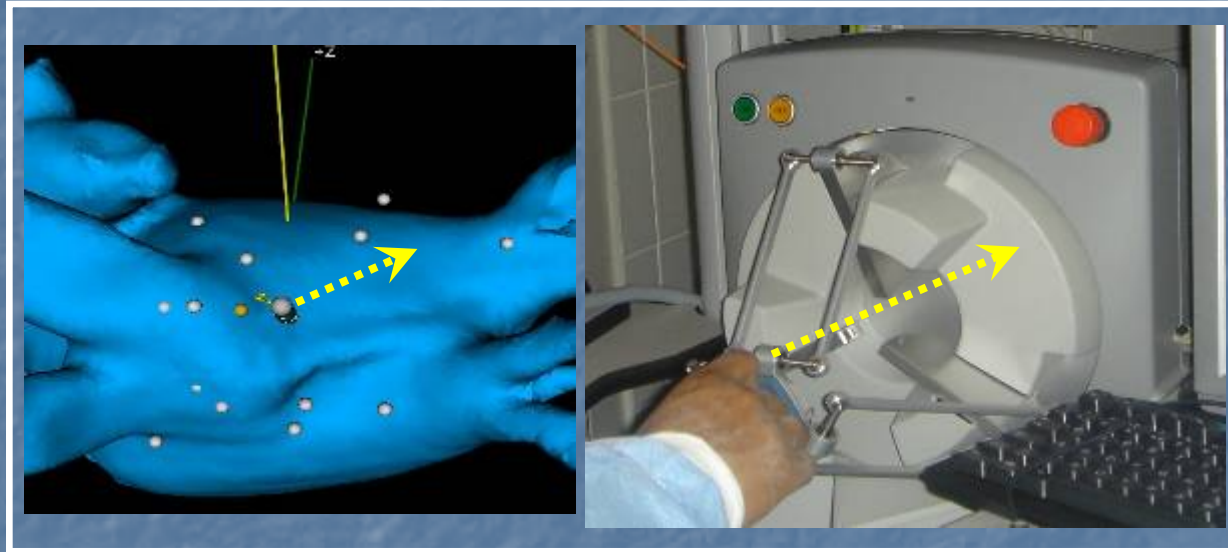


# Ablation vs Medications for AF

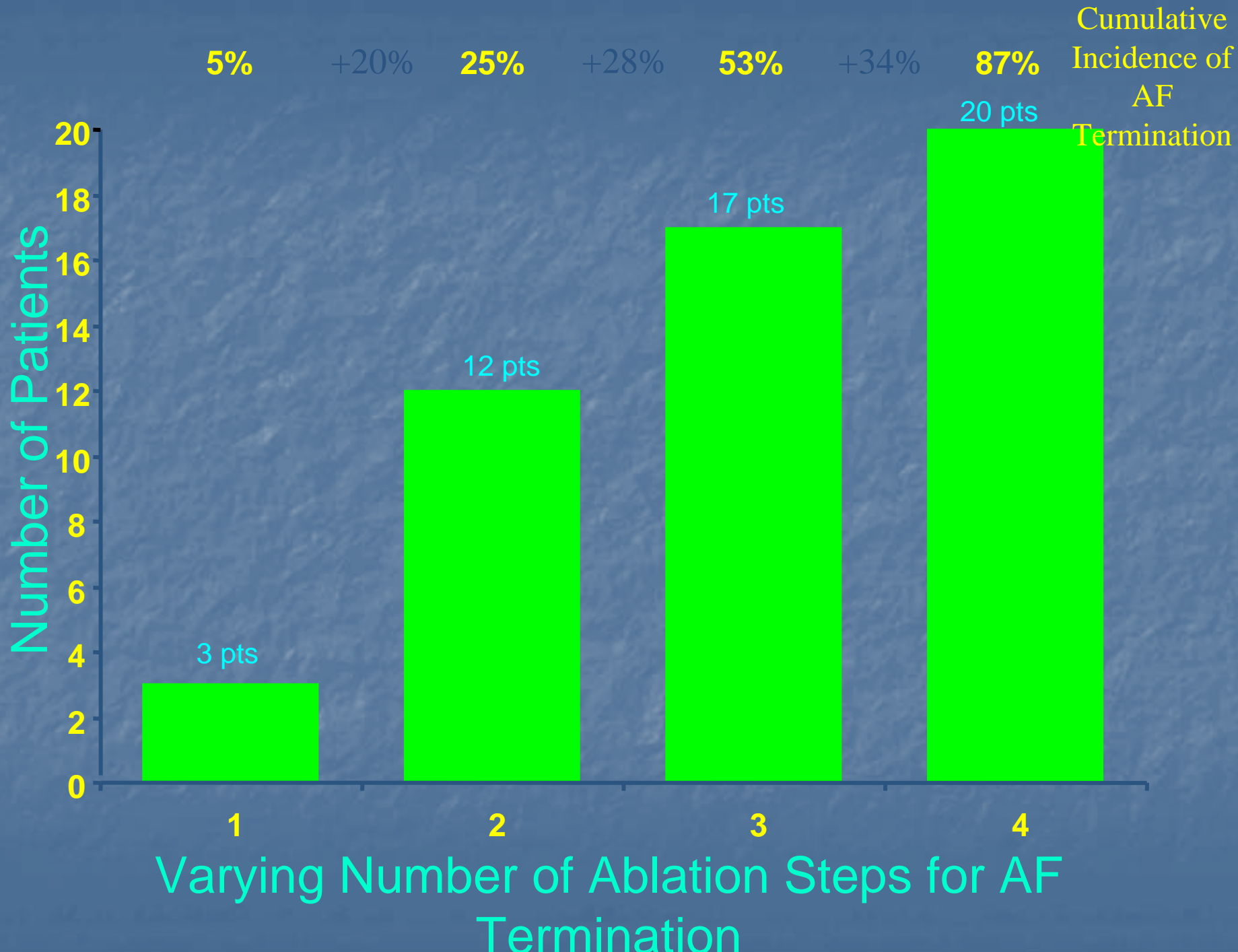


Pappone et al *JACC* 42: 185 (2003)

# View-Synchronized Robotic Mapping





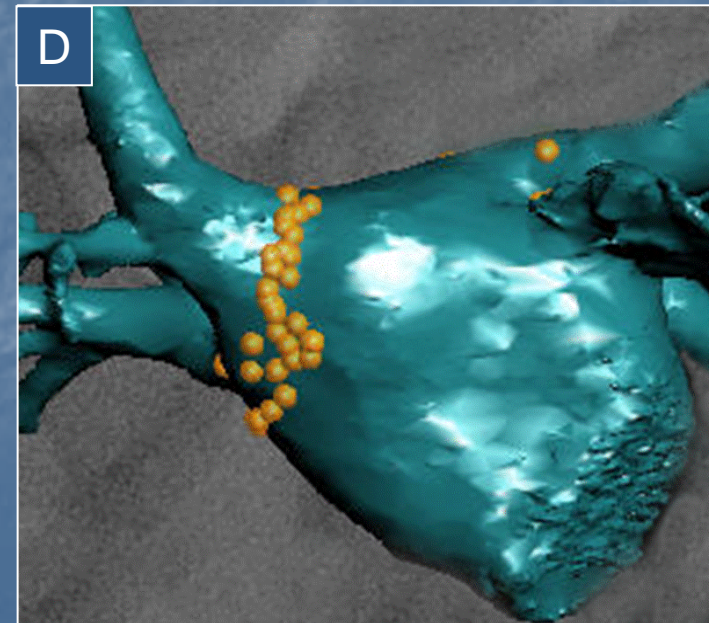
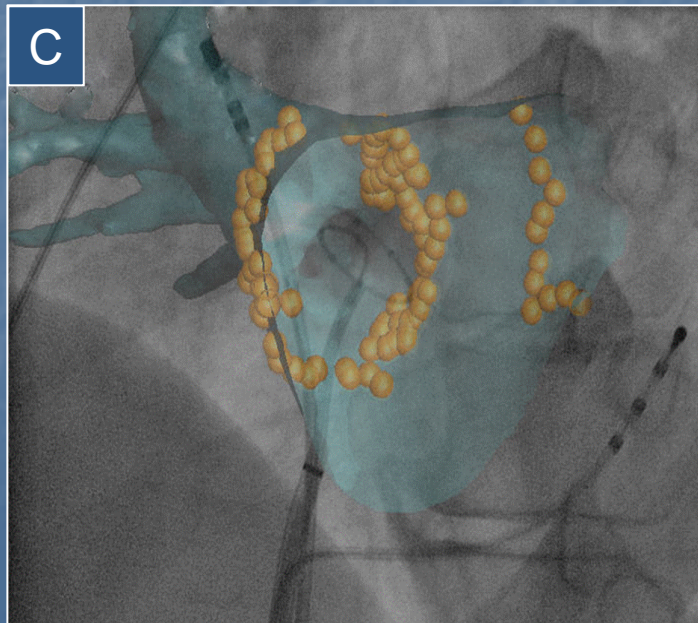
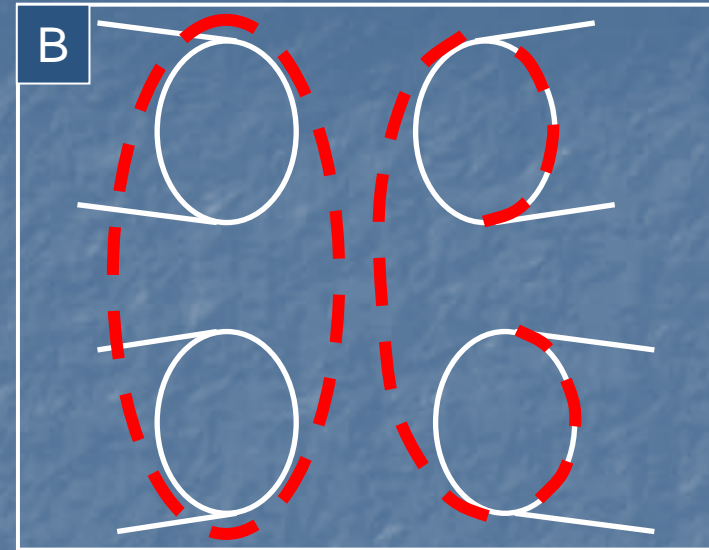
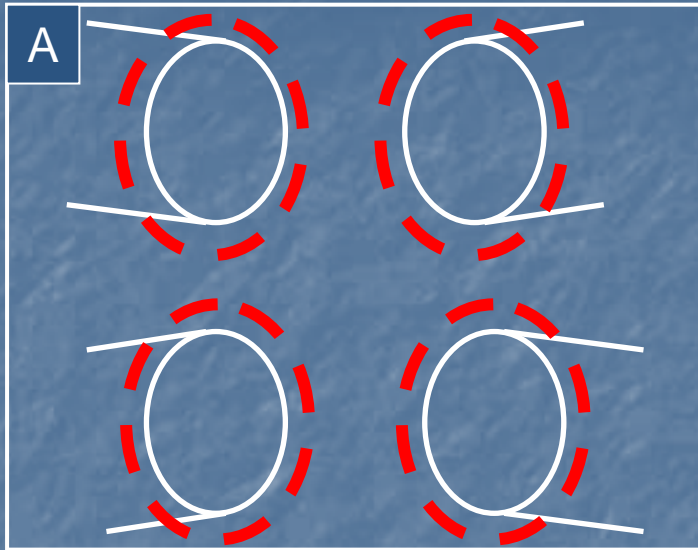








# TECHNIQUES OF PV ISOLATION



# Vector mapping: finding the earliest region

